



Our Mission Statement: *'Inspired by the Holy Spirit we are a Eucharistic community called by God To share the love of Jesus Christ and create a welcoming parish of renewal and mission.'*

Reflection:

Jesus is present at the Mass, but we may not be responsible enough to experience him. Responsibility is now synonymous with obligation, but one of its ancient meanings is "...to offer in return." What do we need to offer in return to encounter and be transformed by the risen Christ?

Quote:

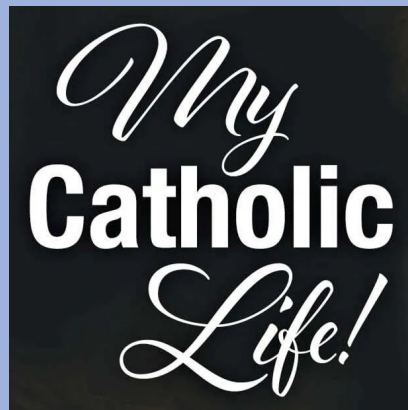
...we do not go to the Mass to get anything out of it. We are not a consumer who wants to get something inside of us, satisfied by a service or product. Rather we go to the Eucharist first and foremost to put something into it. We go to Mass to put our thanksgiving and gratitude into it, the culmination of a week lived in baraka (*blessing*).

Fr. Darin Gurr's challenge in his book, *Living Stewardship*



The Assignments:

- To prepare for the Mass, I invite you to always read at least one of the Sunday readings, the night before and apply it to your life.
- Try to come a little early to spend some time in silence, replace them in the hands of Jesus, whom you expect to encounter.



These are two websites (*click on the images*) that will deliver right to your inbox daily readings. Every Thursday 'Feed Your Soul' reflects specifically on the Sunday's Gospel.

MEANINGFUL TO YOU



1. *Get to the Church on time*

Getting to the church at least 10 minutes before Mass makes a huge difference. It gives your mind some time to dial down from the fast-paced activities that you came from. Having all your general preoccupations at the back of your head quite often distracts heavily, and since the readings (Liturgy of the Word) happen close to the beginning,

you are bound to lose out and pay less attention. Use the time before Mass to kneel and speak to God from your heart. Offer to him all your joys and the challenges that you are facing, and you will find God speaking to you during the Eucharist. (to see all 7 steps go to: <https://catholic-link.org/bored-at-mass-a-7-steps/>)

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