

Our Mission Statement: 'Inspired by the Holy Spirit we are a Eucharistic community called by God To share the love of Jesus Christ and create a welcoming parish of renewal and mission.'



Reflection:

We reflect on spiritual inertia or sloth as we celebrate Epiphany which challenges us to embark on a spiritual journey. Even after the leaders in Jerusalem read the prophecies and were told about the star, none of them took the time to go with the magi to Bethlehem even though it was only a few miles south of Jerusalem. The contrast between the spiritual zeal of these magi and the apathy of the leaders of Jerusalem is apparent. Unlike the Magi, we equally suffer from spiritual inertia.

Quote:

If you feel that you are overwhelmed by the amount of work before you and by the difficulties involved, do not permit indolence to discourage you. Begin with what demands your immediate attention and do not think of the rest. Be very diligent, for when this is well done, the remainder will follow with much less trouble than you had anticipated. ~Lorenzo Scupoli, *Spiritual Combat*

The Assignments

- 1. A common tradition observed during Epiphany involves the blessing of one's home. To do this, you can use a piece of chalk to write the initials of the wise men and the year "20 C + M + B + 23" over the main door of your house. Alternatively, you could simply bless your home with a New Year's blessing. *Epiphany House Blessing*
- 2. As you leave the Church, please sign the petition requesting more safeguards for MAID and greater resources for vulnerable individuals. The postcards have all been used but consider writing to:

Minister of Health House of Commons Ottawa, ON K1A 0A6

Let him know that you 'want to see an increase to safeguards to MAiD eligibility. People should have better access to supports that help them live, not die.' No postage needed!

3. The wise men presented gifts to Jesus. We co-sponsored a refugee family that recently arrived in the country. You can sign up to donate an item and help them settle in. Call the office to donate. 306-374-1425

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