

HOLY SPIRIT PARISH

114 Kingsmere Place • Saskatoon • SK • S7J 3V7 (306)374-1425 • info@holyspiritsaskatoon.ca holyspiritsaskatoon.ca

Our Mission Statement

Inspired by the Holy Spirit we are a Eucharistic community called by God
To share the love of Jesus Christ and create a welcoming parish of renewal and mission.



October 1, 2023 | Twenty-sixth Sunday in Ordinary Time

Ez 18:25-28 | Phil 2:1-11 | Mt 21:28-32

Written by THE FAITHFUL DISCIPLE

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

I used to be something of a sugar fiend. So much so that one birthday, my then boyfriend (now husband) decided to forego flowers and bought me a jumbo-sized bag of Smarties candies instead. While I loved sugar, I eventually decided I didn't love how it made me feel. Now older and wiser, I reach for vegetables more often. It's not that I crave carrots, but I feel better eating healthy foods. It's what God intends for my body. Similarly, God intends for our souls to follow the laws he has ordained. But sometimes life gets tough and we suffer terrible wrongs or are grieving, and we feel like the Israelites in today's first reading, calling out, "The Lord's way is not fair!" Well, thank God for that! How lost would we be, if God treated us "fairly." Instead, he treats us with love and mercy; with justice. "He humbled himself, becoming obedient to the point of death, even death on a cross," for us. If there is any encouragement in Christ, as Paul says, and we know there is, then being of the same mind and heart - attitude - of Christ, gets us through those moments of "unfair!" And we can follow Christ's commands, knowing he loves us more than anyone else could love us, and more than we can ever love him.

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

It's easy to talk a good game as Christians. We can all agree that it is right to feed the hungry, shelter the homeless, clothe the naked, visit the sick and imprisoned and bury the dead, as the Corporal Works of Mercy instruct us. But when it comes to actually doing those things - "humbly regard[ing] others as more important than [ourselves], each looking out not for his own interests, but also for those of others" - we can find all sorts of reasons not to. Maybe our days are too busy or maybe we feel just the tiniest bit resentful at the idea of sharing something we've worked hard to earn. However, our words don't mean much without action. Jesus says as much in today's Gospel. If we are like the son who says yes but then does not go to work in the vineyard, we are not doing our Father's will. We are like the chief priests who are being bypassed on the way to heaven by "tax collectors and prostitutes" who heard the word of God and believed.

PRAY

This week, let us look for ways to live out our faith. Rather than pray only with our words, let us pray with our actions. If you aren't sure where to start, pay special consideration to the verses from the second reading, highlighted above: "Do nothing out of selfishness or out of vainglory; rather, humbly regard others as more important than yourselves, each looking out not for his own interests, but also for those of others."

OCTOBER 1	OCTOBER 2	OCTOBER 3	OCTOBER 4	OCTOBER 5	OCTOBER 6	OCTOBER 7
10a Mass 12p Mass 1-4p Adoration	7-9p RCIA	8:30a Mass 5:30p K of C Supper 7p K of C Meeting	8:30a Mass 9:30a School Mass	8:30a Mass	8:30a Mass 9a-12p Adoration	11a-12p Confession 5p Mass
7p Mass			4-5p Children's Choir 7p Adoration			

THIS WEEK

MASS TIMES

ADORATION

CONFESSIONS

Saturday 5 pm **Sunday** 10 am, 12 noon, 7 pm Weekdays, Tues. - Fri. 8:30 am Wednesdays 7 pm Fridays, 9 am - 12 pm Sundays, 1 - 4 pm

Saturdays 11 am - 12 noon or by appointment.

WE PLEDGE 5%

Ukrainian Catholic Parish of the Dormition of the Blessed Mother of God.

This Saskatoon Parish has a committee within their church that is helping with the settlement of Ukrainian people arriving in Saskatoon. This funding is helping with day to day needs while getting settled into a home, etc. Thank you for your support.

LET US PRAY

For the sick and all those that care for them, today we pray for: Andrew MacKenzie, Barb Elder, Father Bernard De Margerie, Veronica Lange, Riel Larocque, Leon Hartman, Betty Anne Tomney, Bob Kudel, Quinn Gorman, we pray to the Lord.

For all those who have died, today we remember: Anthony Klein, Valerie Bleakney, Teresa Alisch, Cherk Ying Pon, Marina Keen, Elaine Holinaty, Leona Heilman, Denise Labrecque And on the anniversary of death, Stan Wormsbecker, We pray to the Lord.

Our sincere condolences to:

- Kathleen, Jim, Peggy, Mick, Joanne, Cathy and families on the death of husband, father, grandfather and great grandfather Armand Jutras.
- Mary, Wendy, Brent, David and families on the death of husband, father, grandfather Ed Grabowski.
- Brian, Garth, Kevin and families on the death of mother, grandmother and great grandmother Irene Kalin. May their souls and the souls of all the faithful departed rest in God's peace.



REGISTRATION FOR FIRST RECONCILIATION AND FIRST COMMUNION IS NOW OPEN.

Registration is due Oct. 20 For more information or to register visit: holyspiritsaskatoon.ca Contact Erin for more information: egratton@rcdos.ca

DO YOU HAVE A CHILD AGED 8 – 14 WHO WOULD LIKE TO BECOME A CATHOLIC?

Holy Spirit Parish offers a children's faith formation process called *Rite of Christian Initiation of Adults* adapted for children. We try to meet every two weeks from late September to Easter. This program is intended for:

- Children who have never been baptized as infants and are of catechetical age (7-14 years old).
- Children who were baptized in another Christian tradition and now wish to become part of the Catholic Community.
- Children who were baptized as Catholics but have not received the sacraments of Eucharist or Confirmation.

When? Late September to Easter which this year is March 31. Contact Sharon Powell ● 306-374-1425 or spowell@rcdos.ca



Both the National Day for Truth and Reconciliation and Orange Shirt Day take place on September 30.

Orange Shirt Day is an Indigenous-led grassroots commemorative day intended to raise a wareness of the individual, family and community inter-generational impacts of residential schools, and to promote the concept of "Every Child Matters". The orange shirt is a symbol of the stripping away of culture, freedom and self-esteem experienced by Indigenous children over generations. On September 30, we encourage all Canadians to wear orange to honour the thousands of Survivors of residential schools.

-Government of Canada

"The Truth and Reconciliation Commission has challenged the often narrow or distorted ways in which we have told the story of our nation, and of European and immigrant settlement here. After hearing from over 6,000 witnesses, the TRC process and its Final Report have given witness to a particularly painful part of our history: the waves of suffering that accompanied the Indian Act and the Residential Schools.

That hidden history continues to resonate in our Canadian present - in broken communities and struggling families, in high incarceration and suicide rates among our Indigenous population, and in a systemic racism embedded in societal structures and attitudes. The TRC process has taken Canadian citizens back to school, and its Final Report calls all of Canada to a profound examination of conscience."

- op-ed artide by the Most Rev. Donald Bolen, Archbishop Regina, March 29, 2016



Join us at our next **CWL MEETING, TUESDAY OCTOBER 10TH**, beginning with Mass at 7pm. We will have a guest speaker, our own CWL member, Rubina Bhatti, speaking on her experience as a Christian in Pakistan. Persecuted brothers and sisters who share our faith in Christ do not have the freedom enjoyed by Christians in Canada. We need to ensure they do not face the trials alone. Rubina will speak about what is happening in Pakistan and how she and her brother, who fled to Canada, are continuing to help those at home. We welcome all members of the parish to come hear her story.

Bishops ANNUAL APPEAL 2023

The 2023 BAA kicks off this week!

You should have received your BAA package in the mail, if not please contact the office (306) 374-1425.

To learn more about the projects BAA supports and to donate visit dscf.ca/baa or check out the Resource Guide.

Thank you for your support!

TIME OUT FOR MOMS (TOFM) is a Catholic enrichment group for women and mothers of all ages, featuring weekly gatherings of women from many parishes held at the Cathedral of the Holy Family.

October 18 - November 29 • Wednesday mornings for 7 weeks. Registration October 1-October 15 www.tofm.ca

We are always looking for more volunteers in our childcare rooms. Visit <u>tofmsaskatoonsk@gmail.com</u>. A current criminal record check is required as well as diocesan safeguard training which we can provide.

QUEEN'S HOUSE 20TH ANNIVERSARY GALA—A Gala of Gratitude—November 23

Cocktails 5:00pm. Dinner 6:30pm. Entertainment by the Greystone Singers. In-person Silent Auction. Tickets \$125.00 (\$100 charitable receipt) can be ordered today and more details available after October 15, 2023. https://events.readysetauction.com/queenshouseretreatandrenewalcent/gala2023 • Martha 306 270 2378

CHURCH IN THE MODERN WORLD

Enrichment of Body, Mind and Spirit Bring Joy to All

CONTACT for Info

Fr. Ralph Kleiter Ministry to Tourism
www.pilgrimjourneys.ca
kleiter@shaw.ca • 1-306-262-4120
Cruise Booking info: Anni at Direct Travel
mdelima@dt.com • Toll free: 1-866-810-9991 Ext: 8152

Cruise selections already limited or sold out!

Wait listing available

Choose the Pilgrim Journey(s) which works for you!

Collette's Costa Rica- A World of Nature Dec 2-13, 2023 Christmastime at Sea- C. Serenity Miami Roundtrip Dec 23/23-Jan 5/24

Caribbean Winter Escape- C. Serenity Miami Roundtrip Jan 5-18/24

Collette's Egypt/Jordan, "Moses to Promised Land", Oct 13-27/2024

> **Istanbul-Athens**, Around Ancient Seas Oct 30-Nov 11, 2024

"Focus on Jerusalem, Bethlehem & Galilee" Oceania's new Vista





2023 INFANT BAPTISM 2023 Baptism Schedule Sharon 306-374-1425 or spowell@rcdos.ca CHRISTIAN INITIATION OF CHILDREN Sharon at spowell@rcdos.ca or 306-374-1425 CHRISTIAN INITIATION FOR ADULTS - RCIA Erin 306-374-1425 or email egratton@rcdos.ca.
MARRIAGE PREPARATION Nicole Gursky at 306 229-0384 or email ngursky@sasktel.net
Please visit holyspiritsaskatoon.ca for more information about faith formation.

PASTOR • Fr. Joseph Salihu jsalihu@rcdos.ca

HOLY SPIRIT PARISH STAFF

Building Maintenance

Ed Yuzyk info@holyspiritsaskatoon.ca

Baptisms, RCIC

Sharon Powell spowell@rcdos.ca

Financial Administrator

Shannon Granger finance@holyspiritsaskatoon.ca

Ministry of Care

Kelly Wormsbecker kwormsbecker@rcdos.ca

Office Manager

Karen Klein kklein@rcdos.ca

Parish Life and Liturgy

Lynn Eremondi leremondi@rcdos.ca

Rite of Christian Initiation of Adults (RCIA)

Erin Gratton egratton@rcdos.ca

Sacramental Preparation/Faith Formation

Erin Gratton egratton@rcdos.ca

Youth Ministry Coordinator

Lynn Eremondi leremondi@rcdos.ca



If you need prayer, support, a visit (with the Eucharist or otherwise), Anointing of the Sick, or assistance with funeral planning, Ministry of Care is just a phone call or email away.

Please contact **Kelly Wormsbecker** Pastoral Associate- Ministry of Care kwormsbecker@rcdos.ca or call 306-374-1425



CATHOLIC WOMEN'S LEAGUE Margaret Schwab 306-227-8930



KNIGHTS OF COLUMBUS 8905
Eric Lautsch
ericdlautsch@rocketmail.com

WAYS TO DONATE TO HOLY SPIRIT PARISH

- 1. Sign up for Pre-Authorized Giving Registration forms are available at the church office, online on our parish website, or via email. Donate using debit or credit card.
- 2. Interac e-Transfer using online banking: send e-transfer to finance@holyspiritsaskatoon.ca (it is directly deposited, no pass-

word needed). Please put your full name and envelope number in the message box along with any special offering designation.

- 3. Parish Offertory: https://dscf.ca/parish-offertory/
- 4. Mail envelopes to the church: 114 Kingsmere Place, Saskatoon, SK, S7J 3V7
- **5. Drop envelopes off at church:** Put envelopes into the office door mail slot.
- 6. Place envelopes in the offertory basket at Mass



Another option to donating to your parish online:

PARISH OFFERTORY

QR CODE



Enjoy the latest and greatest Catholic video, audio, and reading material from FORMED.org! Simply head over to holyspiritsaskatoon.formed.org and register your free account to access a tremendous wealth of Catholic content.

You may also download the FORMED app for iOS and Android devices.

The cost to you is absolutely free: our parish has a subscription for the entire year.

Are you new to the parish? Has your information changed?

Fill out this form online

Or contact the office (306) 374-3190 or info@holyspiritsaskatoon.ca



CALLING ALL CURRENT & FORMER CWL LADIES YOU ARE INVITED TO A COFFEE PARTY

Please join the Holy Spirit CWL

for a time of refreshments, entertainment and friendship

DATE: Wednesday October 25, 2023

TIME: 1:30 to 3:00 p.m.

PLACE: St. Volodymyr Common Room

3102 Louise Place, Saskatoon SK

Please note that personal invitations have been sent to some CWL members for whom we had a correct address. If you did not receive an invitation, it is only because our list may be incomplete and we would appreciate it if you provide us your name and contact information for our records for future invites. You can do this when you come to the coffee party or by calling Maureen.

For further information or if you need to arrange a ride contact

Maureen Smith-Windsor 306-717-2564 (cell)



Diocesan Bulletin

Oct. 1, 2023 - 26th Sunday in Ordinary Time

In all things we are rooted in Christ, in His desire to bring God's love to all peoples.

Upcoming Events

Life Chain will be held in Saskatoon from 2 p.m. to 3 p.m. **Sunday, Oct. 1** at the corner of Idylwyld and 22nd Street. Please plan to attend and show your support for life from conception to its natural end. Signs will be provided. For more information, e-mail: campaignlifesk@gmail.com.

African-Canadian Catholic Community monthly Mass is held at St. Michael Parish, 18-33rd St. E. Saskatoon, with the next celebration at 2 p.m. Sunday, Oct. 1. (Mass is in English, featuring liturgical music in many African languages).

40 Hours for Life prayer vigil is held on the corner of 4th Avenue and Queen Street in Saskatoon from 9 a.m. to 12 noon **Monday to Friday**, continuing until Oct. 27. Signs will be provided. To volunteer for an hour, or for more information, e-mail: campaignlifesk@gmail.com.

St. Thomas More College Peace Studies Lecture - Hon. Roméo A. Dallaire will present "Peace, Faith, and Humanity in Times of Crisis" at 7 p.m. Wednesday, Oct. 4 at St. Joseph High School Theatre, 115 Nelson Road, Saskatoon: in-person only, sponsored by the Irene and Doug Schmeiser Centre for Faith, Reason, Peace, and Justice at St. Thomas More College. Register: https://www.eventbrite.ca/e/peace-faith-and-humanity-in-times-of-crisis-tickets-707838432807?aff=oddtdtcreator.

Women's Discernment Nights are held the first Thursday of each month at 7 p.m. at Our Lady of Lourdes Parish, 1235-12th St. E., Saskatoon, starting **Thursday**, **Oct 5**: open to all young women who are seeking the Lord's direction in their life.

A Contemplative Mass led by Fr. Kevin McGee, will be held at 5 p.m. Friday, Oct. 6 at St. Mary Parish, 211 Ave. O South, Saskatoon. The rhythm of the Contemplative Mass is a gentle, steady flow, marked by 20 minutes of silence after communion to allow space for reflection and recognition of the intimate presence of Christ who comes to us in Scripture and in the Holy Eucharist. Relax and rest in the abiding presence of God.

Our Lady of the Holy Rosary - Mass and Candlelight Procession will be held Saturday, Oct. 7 at St. Paul Co-Cathedral in Saskatoon: begins with Mass with Bishop Hagemoen at 4:30 p.m., followed by an outdoor candle-lit procession with the Blessed Sacrament, and concluding with fellowship in the church basement. Event hosted by the St. Paul Co-Cathedral Santo Nino Prayer Group and the Filipino Catholic community.

Awaken Adult Faith Webinar

The Mystery of the Eucharist in the Life of the Church

with Bishop Cozzens 7 p.m. to 9 p.m.

Tuesdays, Oct. 3, 10, 17, 24

Cost: \$20/person for all 4 sessions.

Register for this online program at:

https://form.jotform.com/231799057343262



Rachel's Vineyard Ministry Healing Retreat Oct. 13-15:

Are you hurting because of an abortion? Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. Weekend retreats offer you a supportive, confidential and non-judgmental environment where women and men can express, release, and reconcile painful post-abortive emotions to begin the process of restoration, renewal and healing, accompanied by a team who also have experienced this life-changing weekend. The next retreat in Saskatchewan will be held Oct. 13-15 in a location near Saskatoon (privacy of location respected). To register or speak to someone confidentially, contact Elaine at (306) 480-8911 or: r.vineyardsk@sasktel.net

"Fix the Kitchen" fund-raising dinner – Prairie Knights and Knights of Columbus are raising funds for repair of the camp kitchen at Blackstrap Youth Camp. A fund-raising dinner will be held **Saturday, Oct. 14** at St. Patrick Parish Hall, 3339 Centennial Drive, Saskatoon. Doors open at 5 p.m., with happy hour and cash bar, followed by a buffet dinner at 6:30 p.m., including, entertainment, a live dessert auction and a silent auction. Tickets are \$40 each, or table of eight for \$300; contact Garry Maier at (306) 221-5893 or garrymaier@outlook.com.

Fellowship of Catholic Scholars Conference – "The Good, the Bad, and the Ugly: Catholic Realism in a Postmodern World" will be held Oct. 20-21 at St. Paul Co-Cathedral in Saskatoon. Begins Friday evening Oct. 20 at 6:30 pm with a wine and cheese and a keynote address by Fr. Stefano Penna (free will offering—but RVSP required) and continues at 8 a.m. on Saturday, Oct. 21 with talks from the disciplines of theology, philosophy, education, and literature. The full-day Saturday event also requires pre-registration and includes breakfast, lunch, sessions, Mass (all at St. Paul's), and a closing banquet (at Our Lady of Good Success Hall). To reserve tickets contact Celene Sidloski at csidloski@stmcollege.ca or phone (306) 715-1541. Find more details: www.catholicscholarscanada.com.

1

Message Board

Restorative Ministry Office is seeking donations of sturdy rosaries (metal chains) for prayer with those who are in prison. Donations can be dropped off / sent to the Catholic Pastoral Centre, 123 Nelson Rd, Saskatoon, S7S 1H1 (hours: 9 am to noon, 1 p.m. to 4:30 pm weekdays).

The Bishop's Annual Appeal begins this weekend in the diocese of Saskatoon reflecting on the theme "You will be my witnesses." The BAA is an opportunity to answer the Lord's call to us in ways we could never do solely on our own. Through BAA-funded ministries, programs and services, your gift impacts many across the diocese, in our parishes and communities, in our families, in prisons and in hospitals. Just as Jesus multiplied the loaves and fish to feed the 5,000, God takes whatever we offer and uses it to bless others. Watch for information in your parish or learn more, donate online, or view the 2023 video on the website: https://dscf.ca/baa/.

La P'tite Pasto (Little Hearts Play Group) - Le samedi 14 octobre 2023 de 14h -16h, les parents avec leurs enfants, sont invités à la P'tite Pasto où la foi est transmise par le chant et le bricolage, le conte et la mime – à Sts-Martyrs-Canadiens, une paroisse catholique francophone de Saskatoon. L'enfant est introduit à la présence de Dieu et aux grandes valeurs chrétiennes dans un langage adapté à son âge et un climat de plaisir. La P'tite Pasto est transmise chaque mois, de octobre à juin 2024. Inscription au md.will@sasktel.net ou (306) 290-9990. (Note: Children must be accompanied by a French-speaking adult.)

Perogy Fundraiser Take-Out Supper will be hosted by Sts. Peter and Paul Ukrainian Catholic Parish Sunday, Oct. 15 with a pick-up time assigned between 4:30 p.m. and 6:30 p.m. at Sts. Peter and Paul Church, corner of 10th Street East and Munroe Ave, Saskatoon. Tickets \$25 each; deadline Oct. 10; available at rectory office or after weekend Divine Liturgies or online at: https://form.jotform.com/232627307614252.

Time Out For Moms (TOFM) is a Catholic enrichment group for women and mothers of all ages, featuring weekly gatherings of women from many parishes held at the Cathedral of the Holy Family, with faith formation, childcare and breakfast refreshments. Autumn Session 2023 will run on Wednesday mornings for seven weeks from Oct. 18 to Nov. 29. Registration is open until Oct. 15. Register early to guarantee your spot. For more details or to register please visit the website www.tofm.ca. Childcare volunteers are also needed, please see the website.

Volunteers needed - St. Angela Merici Residence in the Lawson Heights neighbourhood, Saskatoon, is seeking volunteers to assist with Sunday Mass. They are in need of an organist and sacristans. Please contact Judy at (306) 986-5993.

Diocesan Prayer - We pray as a diocesan family for our parish communities as they prayerfully reflect on participation in the 2023 Bishop's Annual Appeal. May we always walk with Christ Jesus and be His witnesses in the world.



2

Fall Congress - Oct. 19

"The Lord Heals the Broken-Hearted and Saves the Crushed in Spirit" (Psalm 34:18) Equipping the Church to support mental health and well-being is the theme of diocesan Fall Congress

9:00 a.m. to 4:30 p.m. Thursday, Oct. 19 Cathedral of the Holy Family, Saskatoon.

Keynote speaker is Bryana Russell of Sanctuary Mental Health Ministries.

This event is open to clergy, staff, lay leadership, and the general public. Cost is \$25 (includes lunch).



Registration deadline is Oct. 17:

https://form.jotform.com/231977301558260

Fall Harvest Dance - St. Philippe Neri Parish in Vonda presents a Fall Harvest Fund-raiser Dance from 7:30 to 11:30 p.m. Saturday, Oct. 21 at the Ukrainian Church Hall in Vonda, includes midnight lunch, a cash bar, 50/50, and a silent auction. Tickets \$30; e-transfer to spnvonda_finance@rcdos.ca or for more information, call or text Jon Courchene at (306) 381-7789.

Fall Supper in Martensville – Immaculate Heart of Mary Parish will hold its Fall Supper on Sunday, Oct. 22, with two sittings – 4:30 p.m. and 6:15 p.m. – held at the church, 300-8th Ave. S., Martensville, SK. Advance tickets only: adults 18+ \$20; youth 6-17 \$10; children 5 and under free, with a family pack rate available. Tickets are sold before and after Mass on Saturdays and Sundays in Martensville, or call/text Elaine at (306) 382-7347 or e-mail e.glassford@sasktel.net for tickets.

Treaty Learning Journey - St. Philip Neri Parish in Saskatoon is organizing a series of four Treaty Learning Journey workshops led by a team from the Office of the Treaty Commissioner. Sessions will be held from 9:45 a.m. to 12:45 p.m. Saturdays, Oct. 28, Nov. 4, Nov. 18 and Nov. 25 at Queen's House Retreat and Renewal Centre, 601 Taylor Street West, Saskatoon. All are welcome to attend any or all of the sessions. Pre-registration is not required (freewill offering of \$10 would be gratefully received). Questions: office@stphilipneri.ca.

The Diocesan Bulletin is a publication of the Roman Catholic Diocese of Saskatoon

Catholic Pastoral Centre, 123 Nelson Road, Saskatoon SK S7S 1H1 *Phone:* (306) 242-1500 or *Toll free:* 1-877-661-5005 *E-mail:* kyaworski@rcdos.ca

https://rcdos.ca

https://news.rcdos.ca

Communications is supported by the Bishop's Annual Appeal



Bringing Home the Word

Twenty-sixth Sunday in Ordinary Time (A)
October 1, 2023

He Emptied Himself

Sr. Dianne Bergant, CSA

In the Gospels, Jesus seldom teaches doctrine. Rather, the stories themselves provide examples of how we are to model our lives after him. He was a man for others, a compassionate healer, an understanding friend. As clear as such stories might be, because we can be selfish people, the example they offer us is difficult to follow. If it is hard to follow a man who lived a human life with others, how are we to follow the example sketched by Paul in today's second reading?

Paul writes to the Christians in Philippi: "Have among yourselves the same attitude that is also yours in Christ

Sunday Readings

Ezekiel 18:25-28

Since they turned away from all the sins they committed, they shall live.

Philippians 2:1-11 or 2:1-5

Do nothing out of selfishness or out of vainglory; rather, humbly regard others as more important than yourselves.

Matthew 21:28-32

[Jesus said,] "Tax collectors and prostitutes are entering the kingdom of God before you."

Jesus" (2:5). What attitude is he talking about? Jesus emptied himself of the preeminence that was rightly his as possessing "equality with God" (2:6). He did not demand that they treat him with the reverence and veneration that was due him. Rather, "he emptied himself... he humbled himself" (2:7, 8).

Why does Paul insist on this? It seems the Philippians were having internal problems that were threatening their unity. Various forms of arrogance were tearing them apart: Don't you know who I am? I am a celebrity. I have more money. I know the right people. And who are you? Who do you know? What can you do? These attitudes of arrogance infect our communities today. To this Paul proclaims: If Jesus, who, "though he was in the form of God" (2:6), could empty himself of such dignity for the sake of others, you certainly should be able to put aside your trivial vainglory and be "united in heart" (2:2). Can we? #

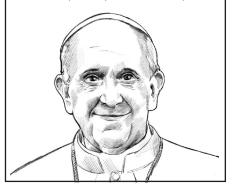
Jesus was a man for others, a compassionate healer, an understanding friend.



A Word from Pope Francis

Conversion, changing the heart, is...at times a painful process, because there is no path of holiness without some sacrifice and without a spiritual battle....Conversion is a grace we must always ask for: "Lord, give me the grace to improve. Give me the grace to be a good Christian."

ANGELUS, ROME, SEPTEMBER 27, 2020



REFLECTIONS QUESTIONS GRESTIONS BEELFECTION

- In what circumstances are you arrogant?
- What can you do to strengthen the bonds of unity in your family? Your workplace? Your parish?

We Choose Life!

Paige Byrne Shortal

Ctober is Respect Life Month.
Respecting life begins with the understanding that life is good and that it's a gift directly from God—not our parents or the government which should help to protect and nurture it, but from God.

Life is good when it feels good and when it doesn't. Life is good when we're young and feel great and when we're old and sick. Life is good because it is God's gift. All life: the child in the womb, the criminal waiting for execution, the terminally ill hoping for heaven, the soldier on the battlefield, the person you see in the mirror when you are grieving or depressed or just plain tired. All life is gift and all life is good.

Catholic Church leaders have said this clearly, many times. In an address to the participants at the twelfth general assembly of the pontifical academy



for life in 2006, Pope Benedict XVI said, "God's love does not differentiate between the newly conceived infant still in his or her mother's womb and the child or young person, or the adult and the elderly person. God does not distinguish between them because he sees an impression of his own image and likeness (Genesis 1:26) in each one."

This is part of the secret of respecting

all life. To see every human being as precious because they are an impression of God, a facet of God's image that no one else has ever or will ever reflect. As I love my grandchildren and see in them my sons when they were little, so does God see in each of us his son. And we are called to see as God sees.

Politics seems to force a demonic choice about whose life we protect and whose we take with legal sanction. Do you side with those who would protect the unborn and the terminally ill or with those who would seek alternatives to war and the death penalty? Is this not a peculiar choice, fashioned by the Evil One? Our Church leaders have been consistent in speaking out for all life, but sadly, we Catholics have too often presented an inconsistent and divided rhetoric. We thus lose our credibility and our power to influence.

What does the Church teach about abortion, euthanasia, war, and the death penalty? Read the *Catechism of the Catholic Church*, 2258–2330 and many statements from the bishops of the United States, such as the one at left. †

Living the Gospel of Life: A Message to American Catholics from the Bishops of the United States

A dopting a consistent ethic of life, the Catholic Church promotes a broad spectrum of issues "seeking to protect human life and promote human dignity from the inception of life to its final moment." Opposition to abortion and euthanasia does not excuse indifference to those who suffer from poverty, violence and injustice. Any politics of human life must work to resist the violence of war and the scandal of capital punishment. Any politics of human dignity must seriously address issues of racism, poverty, hunger, employment, education, housing, and health care. Therefore, Catholics should eagerly involve themselves as advocates for the weak and marginalized in all these areas.(22) **



God of all people, give us the grace of humility, that we may place others before ourselves, and always place you first.

We pray in Jesus' name. Amen.

The Redemptorists

WEEKDAY READINGS

October 2-7

Monday, Holy Guardian Angels: Zec 8:1–8 / Mt 18:1–5, 10

Tuesday, Weekday: Zec 8:20–23 / Lk 9:51–56

Wednesday, St. Francis of Assisi: Neh 2:1–8 / Lk 9:57–62 **Thursday,** Weekday: Neh 8:1–4a, 5–6, 7b–12 / Lk 10:1–12

Friday, Weekday: Bar 1:15–22 / Lk 10:13–16

Saturday, Our Lady of the Rosary: Bar 4:5–12, 27–29 / Lk 10:17–24



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Sunday, Oct 01, 2023

Seamless unity

We work best when we work together. A society pulling in opposite directions tears itself apart. The final prayer Jesus offers at the Last Supper is for unity among his friends. Saint Paul likewise implores his communities to be of one heart. Today, on Respect Life Sunday, we soberly confess that we can't both honor the sacred gift of life and allow poverty, injustice, exclusion, and indifference to remain unchallenged. Coincidentally, it's the International Day of Older Persons, in a world where people over 60 outnumber children under 5. Make this world a welcome place for everyone.

TWENTY-SIXTH SUNDAY IN ORDINARY TIME TODAY'S READINGS: Ezekiel 18:25-28; Philippians 2:1-11; Matthew 21:28-32 (136). "Complete my joy by being of the same mind, with the same love, united in heart, thinking one thing."

Monday, Oct 02, 2023

Watching over us

What exactly does the church teach about angels? "The existence of the spiritual, non-corporeal beings that Sacred Scripture usually calls 'angels' is a truth of faith," says the Catechism of the Catholic Church. The church venerates angels as servants and messengers of God. And one is particularly looking out for you. But, as Pope Francis says, not just to protect but to prod: "The angels help us; they push us to continue on the journey [of life]." These pure spirits who are in communication with God encourage us to "be not afraid" and take risks. Join the church in welcoming these—and your—special guardians.

MEMORIAL OF THE HOLY GUARDIAN ANGELS TODAY'S READINGS: Zechariah 8:1-8 (455); Matthew 18:1-5, 10 (650). "I say to you that their angels in heaven always look upon the face of my heavenly Father."

Tuesday, Oct 03, 2023

The Lord loves justice

Mother Theodore Guerin, whose feast is today, was a missionary to the United States who established schools, a pharmacy, and orphanages. But her love of Christ made her denounce injustices, too. She described a slave auction: "These Americans, so proud of their liberty, thus make game of the liberty of others. Poor negroes! I would have wished to buy them all that I might say to them, 'Go! Bless Providence. You are free!" Her mission continues today with her Sisters of Providence of Saint Mary-of-the-Woods, who strive for peace and justice, particularly in the area of racial equality and equity, criminal justice reform, human trafficking, and immigration. Take to heart Mother Guerin's words as you work to transform the world: "Above all things; justice, justice. If any preference may be shown let it be to the poorest or most abandoned."

TODAY'S READINGS: Zechariah 8:20-23; Luke 9:51-56 (456). "Every nationality, speaking different tongues, shall . . . say, 'Let us go with you, for we have heard that God is with you.""

Wednesday, Oct 04, 2023

Make mercy your song to all creation

The feast of Saint Francis of Assisi is a great date to reflect on one's care for creation, as we are often wont to think all that matters in the spiritual life is our connection to God and other humans. The great Franciscan founder showed us by his life, including preaching to the creatures of the air and the field, that all of creation is listening to hear what we have to say. Is our

message that of compassion and prudence, or rather convenience and the "throwaway culture"? Perhaps God himself is choosing to lend an ear by means of all God's creatures, great and small.

MEMORIAL OF FRANCIS OF ASSISI

TODAY'S READINGS: Nehemiah 2:1-8; Luke 9:57-62 (457). "Foxes have dens and birds of the sky have nests, but the Son of Man has nowhere to rest his head."

Thursday, Oct 05, 2023

Mercy prevails

Saint Faustina Kowalska is one of a long list of saints who held low status but whose intense relationship with God fueled a power that gained attention. A peasant who became a nun assigned low-level jobs, Faustina's mystical visions of Jesus—at first doubted by church authorities—eventually were embraced widely. They are the foundation of Divine Mercy Sunday, characterized by an image of Jesus with rays of mercy emanating from his heart. Faustina's focus on God's mercy is a message that helped her native Poland through harrowing years of war and repressive government, and it continues to inspire. Commit yourself to an act of mercy today.

MEMORIAL OF FAUSTINA KOWALSKA, RELIGIOUS TODAY'S READINGS: Nehemiah 8:1-4a, 5-6, 7b-12; Luke 10:1-12 (458). "Into whatever house you enter, first say, 'Peace to this household.""

Friday, Oct 06, 2023

Leading indicators

The stories of the founders of religious institutes most often begin with reluctant souls who feel unworthy to accept such an important task. But, luckily for the church and all blessed by their service and legacy, they eventually take up the mantle of leadership. The decision is not without its benefits, according to Saint Bruno, founder of the Carthusians: "God gives his athletes the reward they desire: a peace that the world does not know and joy in the Holy Spirit." And, for Blessed Marie Rose Durocher, founder of the Sisters of the Holy Names of Jesus and Mary, prayer is key to finding the answers you seek when unsure of next steps: "I suggest that you pray to Our Lord that He assist you and give you the direction you need." Gain strength from the witness of these two great leaders.

MEMORIALS OF BRUNO, PRIEST; BLESSED MARIE ROSE DUROCHER, RELIGIOUS

TODAY'S READINGS: Baruch 1:15-22; Luke 10:13-16 (459). "Whoever rejects me rejects the one who sent me."

Saturday, Oct 07, 2023

By any name

Today's celebration has seen a lot of changes over the centuries. It started out as the Feast of Our Lady of Victory to commemorate the Christian defeat of the Turkish army on this date in 1571. A few years later Pope Gregory XIII changed the name to the Feast of the Holy Rosary. Pope Clement XI in 1716 changed the date to August 5. Pius X changed it back to October 7. John XXIII changed the name to the Feast of the Blessed Virgin Mary of the Rosary. Then Paul VI changed the name to Our Lady of the Rosary. However you name it, today's Joyful Mysteries invite you to celebrate Christ in your life.

MEMORIAL OF OUR LADY OF THE ROSARY TODAY'S READINGS: Baruch 4:5-12, 27-29; Luke 10:17-24 (460). "I have given you the power 'to tread upon serpents' and scorpions and upon the full force of the enemy and nothing will harm you."

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



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National Day for Truth and Reconciliation September 30

On this day, in communities across the nation, Catholic health care providers participate in the National Day for Truth and Reconciliation, acknowledging the suffering experienced in Canada's Indian Residential Schools. We commit to creating safe and healing space for all we serve and pray for healing and wisdom as we continue our journey of reconciliation with Indigenous Peoples.

Prayers for Justice and Healing

Vibrant God

Your creation explodes with the colours of the rainbow. Your peoples reveal the beauty of diversity. We remember today when the joy and dignity of a precious child was destroyed. We lament today for the childhoods lost through the residential school system. We mourn for the spirits crushed and the futures compromised. Celebrate the hope and joy of every child. Tell the stories of resistance that make us stronger. Build the bonds of solidarity to ensure "never again" In the name of the one who was child among us, Amen

~Kairos Canada

O God, we praise and thank You for the blessings of life in Canada, from your natural bounty and from the work of human hands. We ask you to open our ears to the truths about our collective history shared with the Truth and Reconciliation Commission by survivors of residential schools. We ask you to open our minds to the complex and subtle ways that past mistakes, arrogance, misuse of authority, and sinfulness have damaged our social fabric in ways we have barely begun to redress. We ask you to open our hearts that we may continue to listen even when the truth challenges us: that we may understand that we are heirs to a system that has shown itself capable of domination and cruelty, whether or not we personally contributed; that we may commit ourselves in all humility to do what we can and support the efforts of others to restore our ruptured social fabric. Amen.

~Roman Catholic Diocese of Saskatoon

Today we wear orange to remember and honour all the Indigenous children who went to residential schools. Today we wear orange and we pray for the residential school and intergenerational survivors who are still struggling.

Today we wear orange and we are thankful for those who speak the truth, and who work to shine a light on injustice.

Today we wear orange in the name of compassion and the spirit of truth and reconciliation. Help us, God, to remember and act on this this every day. Amen.

~United Church of Canada

Our Father and Creator, we acknowledge all the gifts we have received from you. We especially acknowledge the gift of children which points towards a future of hope. We express our sorrow for all those Indigenous children and young people who have suffered during their time at Residential Schools over these past many decades. A suffering that continues for many. We also remember with grieving hearts the children who have died during these years. We remember the pain experienced by their families relatives and friends and the helplessness that many have felt when they heard of these deaths.

We know that you are a God of mercy and compassion as we see in the love your Son Jesus has for us. We ask for comfort, healing and consolation for all Indigenous peoples who are experiencing pain and sorrow over the Residential School legacy. Send your Holy Spirit into all hearts giving courage, humility and wisdom so that all the inhabitants of this land can walk the path of truth and reconciliation in justice, peace and love. We acknowledge your gifts Father, and we pray in Jesus' name. Amen

~Roman Catholic Diocese of Charlottetown

Creator we come and give thanks for the unconditional love you have shown us your people, helping us to always love ourselves and be thankful for the gifts you have blessed each one of us with.

Help us to have courage that allows us to have the mental and moral strength to listen to our hearts and to do what is morally right.

Send us your Wisdom so we can use the gifts of the Great Spirit to build peaceful and healthy families and community. Instruct us Creator on how to use our gifts so we can become strong people who help bring peace to the world.

Help us Creator to always let our first response to any situation be prayer. As we rise up to meet the day let us give thanks for the day and your light that brings truth and guidance to our journeys. Keep us praying so we can begin to see and hear your truth spoken to us by the grand-fathers and grand-mothers who sit in the four directions and our elders who walk among us today.

Create in us hearts that respect all life on mother earth, so that we might give of ourselves for the greater good of all life, Reminding us to respect all the elders from different races who uphold the sacred teachings of you Creator.

Creator, we humans struggle with honesty in all of our relationships, so remind us to never gossip or lie about one another. But give us the strength to grow in our honesty towards all.

We pray for all these things in a spirit of humility so that we can consider our family our friends, neighbors, and our communities before we think of ourselves. Help us to remain humble surrendering to you Creator, the maker and director of all life. Hiy, Hiy

~Edmonton Native Healing Centre

God our Creator,

You heal broken hearts with Your love, and call us to share this love with one another. Open our hearts, that we might learn to walk with one another — as Indigenous peoples, peoples of settler origin and newcomers — along Your healing path. Give us the courage to see You...in every human face, in every language and culture, in every gift of creation. Make us stewards...of one another's dignity, of one another's safety, of one another's lands, of one another's rights to a cultural identity, as unique peoples...as gifts to the human family...as Your beloved children. We ask this through Christ our Lord. Amen

~York Catholic School District Board

O God, Creator and Father of all, with humility we your children acknowledge the relationship of all living things. For this we thank you, we praise you and we worship you.

We call on you, Great Mystery, the Word made Flesh – our teacher, prophet and brother – to open our hearts to all our brothers and sisters, and with them to grow in the wisdom, honesty, courage and respectfulness shown in The Sacred Teachings.

Give us the vision and honesty to recognize that the we are all brothers and sisters of one human family, created and sustained by the One Creator.

As we deal with many challenges, may we never give way to fear and anger, which can be the source of division and threat amongst peoples. We look to how God always gives to us, as a remedy for sins of prejudice and intolerance.

We see in God the Creator of all things, One who always provides and is generous –even given the abuses we have heaped on one another and on the earth.

We see in the Son, Jesus Christ - the innocent Victim who pours His life blood out from the Cross for all peoples.

We see how the Holy Spirit is God's gift, alive in our world today – inspiring vision and hope that we can have the same mind and heart of God!

May Your Spirit bless the souls who died at the Kamloops residential school and all souls who died at residential schools. May this same Spirit also bring blessing and healing to all families and communities affected in any way by the schools.

O Creator, show us the way to healing, forgiveness and reconciliation and a renewed fellowship.

Amen.

~Canadian Catholic Indigenous Council





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Attention Travellers today



Fr. Ralph Kleiter Ministry to Tourism invites Travellers to be

CHURCH IN THE MODERN WORLD

Enrichment of Body, Mind and Spirit

Bring Joy to All

Choose the Pilgrim Journey(s) which works for you!

All Simply Exceptional!

- 1) Collette's Costa Rica- A World of Nature Dec 2-13, 2023
- 2) Christmastime at Sea- C. Serenity Miami Roundtrip Dec 23/23-Jan 5/24
 - 3) Caribbean Winter Escape- C. Serenity Miami Roundtrip Jan 5-18/24
- 4) Collette's Egypt/Jordan, "Moses to Promised Land", Oct 13-27/2024
 - 5) **Istanbul-Athens**, Around Ancient Seas Oct 30-Nov 11, 2024 "Focus on Jerusalem, Bethlehem & Galilee" Oceania's new Vista
 - 6) **Athens-Rome**, Around Ancient Seas Nov 11-20, 2024 "Where Apostles founded early churches" Oceania's new Vista
 - 7) Athens-Dubai/Abu Dhabu, UAE Dec 6-23. 2024 "Beyond the Epic to Modern Marvels" C. Symphony Completes Middle East "Out of this World" experience

Cruise selections already limited or sold out! Waitlisting available



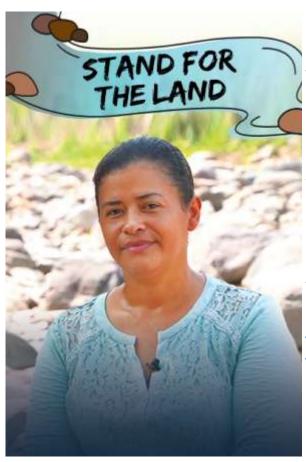
CONTACT for Info

Fr. Ralph Kleiter Ministry to Tourism

www.pilgrimjourneys.ca kleiter@shaw.caTel: 1-306-262-4120

Cruise Booking info: Anni at Direct Travel

mdelima@dt.com Toll free: 1-866-810-9991 Ext: 8152



ONLINE Workshop: Discover Development and Peace

— Caritas Canada's Stand for the Land campaign
This fall, we're continuing the Create Hope: Stand for the Land campaign. This time, we'll be meeting communities in northern Honduras who have been struggling to preserve their land and water since an iron ore mine opened in Carlos Escaleras National Park, and poisoned the rivers on which they depend for their livelihoods.

"We live every day with the fear of being killed or having one of our children taken away."

— Juana Zúniga, member of the Committee for the Defence of Common and Public Goods of Tocoa, Colón. To learn more, join us for a workshop at 7:00 p.m. – 9:00 p.m., on Thursday, September 28, online on ZOOM. Click here or copy and paste: https://bit.ly/onlineworkshop2023 (case sensitive) into your browser.

For more information, contact: Michael LeBlanc (306-205-2334 or mleblan@devp.org) or visit devp.org/campaign.

Our Lady of the Holy Rosary

Mass and Procession

Saturday, October 7, 2023 4:30 pm - 8:00 pm

Holy Mass with Bishop Hagemoen at 4:30 p.m. St. Paul's Co-Cathedral

Candlelight procession with the Blessed Sacrament

(starting from 5th Avenue to 24th Street, to 1st Avenue, returning 22nd Street)

Benediction

Fellowship in Bishop Mahoney Hall

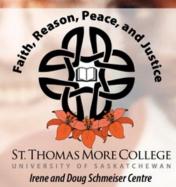
(Come for all or part of this joyous prayer)

October is the month of the Holy Rosary Pray for world peace, Pray for health, PRAY THE ROSARY!

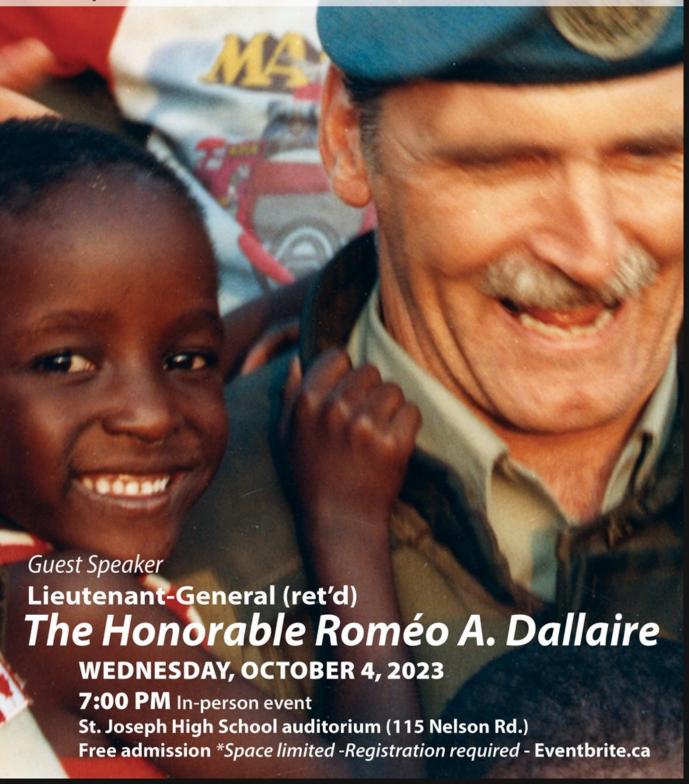


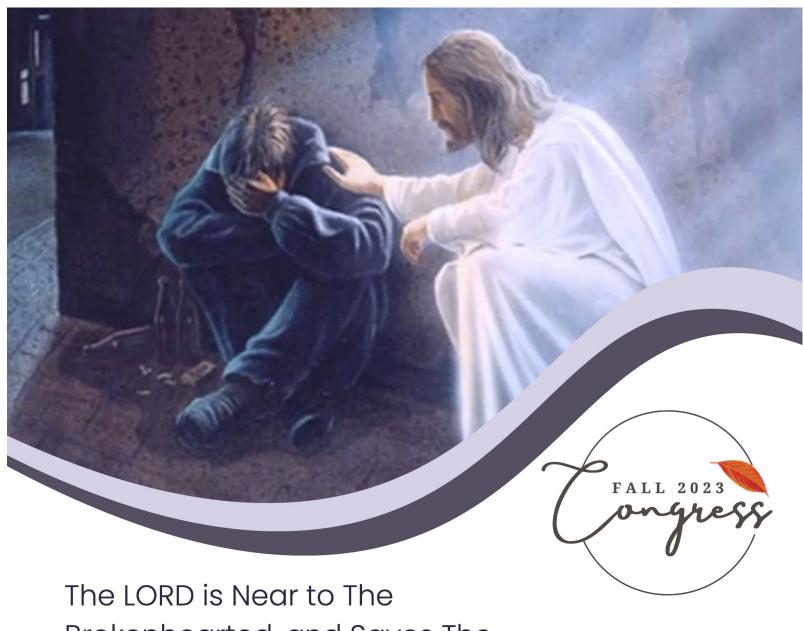
St. Paul's Co-Cathedral Santo Niño Prayer Group and Filipino Catholic Community





PEACE, FAITH, AND HUMANITY IN TIMES OF CRISIS





Brokenhearted, and Saves The

CRUSHED IN SPIRIT (Psalm 34:18)

Thursday, October 19, 2023

KEYNOTE SPEAKER: Bryana Russell SANCTUARY MENTAL HEALTH MINISTRIES

equipping the Church to support mental health & well-being



scan to register



Good, BAD, & UGLy

CATHOLIC REALISM in a

Friday, October 20 (St. Paul's Hall)

6:30pm Wine and Cheese

7:30pm Keynote Address (Fr. Stefano Penna): Stuttering Siren and Penitential Pope: A Drama of the Ugly

Saturday, October 21

8:00am Continental Breakfast

8:45-10:45am Paper Session 1

11am-12:15 Young Scholars' Session

12:15 Lunch

1 pm Paper Session 2

2:35 pm Coffee Break

2:45-4:45pm Paper Session 3

5:00 pm Mass (St. Paul's)

6:00 pm Transport to Our Lady of Good Success Hall

6:15 pm Cocktails and Quartet

7:00 pm Banquet followed by entertainment

Confirmed Session Papers:

Dr. Paul Flaman, Dr. Donald Graham, Dr. John Liptay, Mr. Clement Ng, Mr. Mark Doerksen, Mr. Tomas Rochford, Dr. Celene Sidloski, Dr. Charles Robertson, Fr. Greg Smith-Windsor



Visit FCS

TO REGISTER contact Dr. Celene Sidloski csidloski@stmcollege.ca; (306) 715-1541







COST:

Friday Event: Free will offering (RSVP)
Saturday Day Rate (includes breakfast
and lunch): Regular: \$50; Student: \$20;
Clergy: free

POSTMODERN

WORLD

All-in Saturday Rate (also includes banquet): Regular: \$60; Student: \$30; Clergy: free

ST PHILIPPE NERI PARISH

FALL HARVEST FUNDRAISER DANCE

SATURDAY, OCTOBER 21

7:30-11:30 | Ukrainian Church Hall, Vonda, SK

FUN NIGHT OUT INCLUDES:

Midnight lunch I Cash bar I 50/50 I Silent auction I Opportunities to showcase your dancing skills

GET YOUR TICKET TODAY

Send your \$30/ticket eTransfer to spnvonda_finance@rcdos.ca

For more information call or text Jon Courchene at 306-381-7789

FALL SUPPER

300-8TH Ave South, Martensville, SK

Sunday, October 22, 2023

TWO SITTINGS - 4:30pm & 6:15pm

ONLY 220 tickets sold per seating Advance tickets only

Adult (18+): \$20

Youth (6-17): \$10

Kids (5 & under): Free

FAMILY PACK (2 Adults & all kids under 13): \$50

Additional Kids (13-17): \$10

Additional Adults (18+): \$20

Tickets will be sold before & after mass on Saturdays & Sundays until SOLD OUT

Call or text Elaine at 306-382-7347 or email at e.glassford@sasktel.net for tickets

Thank you for your support!

CONVENTION 2023



HOLISTIC CARE

Healing Through Spirit, Story & Song

October 26 & 27

Queen's House Retreat & Renewal Centre 601 Taylor St W. Saskatoon, SK

Accommodations available at Queen's House

Home Inn & Suites Hotel or Sandman Hotel see brochure at www.chassk.ca

\$225/person (Includes banquet, breakfast & lunch) Register by Thursday October 19, 11pm Register at: queenshouse.org Register by noon OCTOBER 13 and SAVE \$25

> For more information visit: chassk.ca or contact

> > peter@chassk.ca



KEYNOTE

REV. DAVID MAGINLEY M.DIV CSPC



FEATURED PRESENTERS

JOHN RUETZ

CEO the Catholic Health Alliance of Canada



DR. ANNE **VARGAS-LEVERIZA PH.D**



MARICELA CAMPA

Program Manager Office of Mental Health Ministry





TRC PANEL



EMBRACING THE CALLS TO ACTION MODERATED BY SANDI HARPER

> **CHIEF WILTON** LITTLECHILD



FR. KEN THORSON OMI



BREAKOUT PRESENTERS

FR. IVAN NAHACHEWSKY FR. KEVIN MCGEE KATELYN ROBERTS PBSW, MPA MORRIS MARKENTIN MD

MASS CELEBRANT ARCHBISHOP DONALD BOLEN



Peter Oliver p. 306-955-2427



The Rosary Coast to Coast will air live from the Marian Shrine of Gratitude at 3100 Weston Road at 3 p.m. EST. We would like to invite everyone to come and pray with us. For those who will not be able to come personally, please feel free to participate online. The Zoom live link is https://us02web.zoom.us/j/3731333108 Meeting ID: 373 133 3108

We invite all of Canada's provinces to organize their own events at the said schedule below:

SCHEDULE AT THE MARIAN SHRINE:

3 p.m. EST Divine Mercy chaplet Talk by Fr. Carl Schmidt

4 p.m. EST Rosary for Canada

COUNTRY-WIDE TIMES:

4 p.m. Eastern Time 3 p.m. Central Time

2 p.m. Mountain Time

1 p.m. Pacific Time 5 p.m. Atlantic Time

5:30 p.m. Newfoundland Time

https://childrenoffreeucharist.ca/events/rosary-coast-to-coast-php

CONTACT
Angie Carboni | 416-871-3908
marsha.c@stbernadettesfrc.org



September 23, 2023

Dear Friends of Queen's House,

It has been just over two weeks since we received word from the Oblates of Mary Immaculate, the religious order which owns Queen's House, about their decision to bring to an end their ownership and involvement in our retreat centre. We now have a few important updates which we would like to share with you. This first is that, as of this time, the property has not been sold. This gives the wider community some time to take a deep, prayerful, and creative breath as we discern how we might move forward. The second is that a time of celebration for the 65 years of leadership and ministry that the Oblates have given to our community will take place in July – further details will be shared with you as we know more.

While the future of this retreat centre and its ministry to the ecumenical, interfaith, and secular communities remains uncertain, the details above have become clearer in the last two weeks, and we wanted to share these important details to you at this time. Thank you for keeping Queen's House, our staff and volunteers, Advisory Board members, Oblate community, and the Oblates themselves in your prayers as we move into the future with faith and trust.

Brendan Bitz, Executive Director director@queenshouse.org

QUEEN'S HOUSE RETREAT & RENEWAL CENTRE PROGRAMMING INFORMATION FOR CHURCH BULLETINS

601 Taylor Street W, Saskatoon, SK S7M 0C9

Phone: 306-242-1916 • Email: programming@queenshouse.org • Website: www.queenshouse.org

** For Sunday, October 1, 2023

Summary:

QUEEN'S HOUSE RETREAT AND RENEWAL CENTRE welcomes you! Our programming combines in-person and online events using Zoom. Please visit our webpage for a list of all upcoming programs and to register for all programs: https://www.queenshouse.org/programs/ **Nourish Your Mind and Nurture Your Spirit at Queen's House!** For inquiries/additional information contact Sarah Donnelly, Programming Director: 306-242-1916 x226.

Monitor your personal health - if you feel ill, please stay home. All our staff are fully COVID vaccinated. We are a scent-free and pineapple-free facility due to a severe alleray. Thank you for helping us to keep everyone as healthy as possible.

Additional information:

- WHO AM I? A RETREAT TO DISCOVER WHO YOU ARE AND HOW TO LIVE IN ALIGNMENT WITH YOUR AUTHENTIC SELF Friday October 6, 6:30 8:30 p.m. and Saturday October 7, 9:00 a.m. 3:30 p.m. Facilitator: Lynn Gow. A retreat offered at Queen's House. 'Who Am I?' is a time to stop, reflect and look inside yourself with a new lens. In a time of significant change, knowing ourselves and our core values helps to focus us on where we need to spend our energy to become the people we were created to be. 'Who Am I?' will provide you with a framework to use in your journey of self-discovery and give you tools to help you grow in a deeper awareness and understanding of the path that's right for you. Our time together will be a combination of presentation, reflection, sharing and discussion. You will receive a workbook with copies of the materials to take away. There will be space and time provided for individual and group sharing as well as personal reflection. Consider giving yourself the gift of this time to focus on yourself and your journey. Experience curiosity about yourself, who you are, and what you are meant to be doing. Registration deadline: October 4.
 - https://gh.retreatportal.com/events/f?p=EVENTS:2::::P0 EMBED,PROGRAM ID:0,12810
- KNIGHTS OF COLUMBUS BROTHERS' KEEPERS BREAKFASTS Tuesday October 10. Second Tuesday morning of each
 month, 7:00 8:00 a.m. Please contact Brendan Bitz for additional details and to register your attendance: 306-2421916 x225.
- AWAKENING TO NATURE: AN INTRODUCTORY WORKSHOP PAINTING WITH PASTELS Wednesday October 11,
 1:00 4:00 p.m. Facilitator: Judy Kasdorf. Class full wait list available
- CENTERING PRAYER all are welcome to gather in-person at Queen's House or virtually on Zoom on Monday evenings, 7:00 8:15 p.m. This drop-in gathering includes a 20-minute sit, additional insights regarding contemplation and centering prayer from the great teachers will be part of every evening in the form of video clips, and a time for small group sharing. Register online to receive the Zoom invitation/let us know that you will be coming in person. https://www.queenshouse.org/programs/ Call 306-242-1916 x222 for further information. There is no fee to attend these gatherings. Donations to support the ministry of Queen's House can be made here: https://www.queenshouse.org/donate-today/
- <u>SPIRITUAL DIRECTION</u>: If you are interested in having a mentor and companion to accompany you on your spiritual journey contact Sr. Adeline Behm email <u>spiritualdirection@queenshouse.org</u> or visit our website https://www.queenshouse.org/spiritual-direction/ to see a list of our affiliated spiritual directors. In-person and online meetings are available.

• BOOK STUDY - THE GIFT OF YEARS: GROWING OLDER GRACEFULLY - Thursday October 12, 1:00 - 3:00 p.m. and Thursday November 9, 2:00 - 4:00 p.m. Offered on Zoom. Discussion facilitators: Nancy Phillips and Sarah Donnelly. Join with other seekers as we appreciate the wisdom found in Sr. Joan Chittister's book, The Gift of Years: Growing Older Gracefully. (2010) Not only accepting but also celebrating getting old, this inspirational and illuminating book looks at the many facets of the aging process, from purposes and challenges to struggles and surprises. Central throughout is a call to cherish the blessing of aging as a natural part of life that is active, productive, and deeply rewarding. Perhaps the most important dimension revealed lies in the awareness that there is a purpose to aging and intention built into every stage of life. Joan Chittister reflects on many key issues, including the temptation towards isolation, the need to stay involved, the importance of health and well-being, what happens when old relationships end or shift, the fear of tomorrow, and the mystery of forever. Readers are encouraged to surmount their fears of getting older and find beauty in aging well.

General public registration:

https://qh.retreatportal.com/events/f?p=EVENTS:2:::::P0 EMBED,PROGRAM ID:0,13018 Growing in Wisdom participants registration:

https://gh.retreatportal.com/events/f?p=101:2:9222472534444::::PROGRAM ID:13017

- TRANSITIONS: YOUR JOURNEY OF TRANSFORMATION THROUGH GRIEF AND LOSS Thursday October 19, 7:00 p.m. Sunday October 22, 1:00 p.m. Facilitator: Sarah Donnelly. A retreat offered at Queen's House. Welcoming those who have experienced a wide range of losses including the death or anticipated death of spouse, partner, child, family member or loved one; the loss of good health in themselves or someone they love; and the ending or deep wounding of a marriage, significant relationship, or friendship. Cost: \$525 program, bedroom, and all meals. Generous bursaries available. Maximum of 9 participants register by calling Sarah at 306-717-3707 by October 10.
- <u>CHAS CONVENTION 2023: HOLISTIC CARE HEALING THROUGH SPIRIT, STORY AND SONG</u> Thursday October 26
 and Friday October 27. A conference sponsored by the Catholic Health Association of Saskatchewan, welcoming
 anyone who works at a Catholic healthcare facility. Various speakers from Canada and the US. To register visit:
 https://www.queenshouse.org/partner-programs/chas-convention/
- INCARNATING COMPASSION: SPIRITUAL CARE ON THE EDGE OF IMMORTALITY Friday October 27, 9:30 a.m. 12:30 p.m. A workshop offered at Queen's House welcoming the general public, clergy and spiritual care practitioners. Facilitator: Rev. David Maginley. David is spiritual counselor at the QEII Health Sciences Centre in Halifax, Nova Scotia, and award-winning author of *Beyond Surviving: Cancer and Your Spiritual Journey*. Compassion, far from being a pleasant quality of the kind-hearted, is a force of radical presence. Those who are compassionate are a stabilizing force in an emotional storm that threatens to capsize everyone. This is the presence of Christ at its most visceral level through our hearts as we respond to suffering. Yet, without personal renewal, we run the danger of becoming depleted. One cannot swim through suffering without getting wet! Explore the astonishing research showing compassion is a dynamic force that flows through us to restore balance, connection, and wholeness. Engage the psychospiritual dynamics of suffering, especially as a transformational process at the end of life. Learn the behavioral and somatic signs of compassion fatigue and how best to mitigate it through simple daily practice. This experiential workshop incorporates mindfulness, somatic awareness, story, and small group exercises to support our partnership with Grace as we care for the sick and those on the edge of immortality. Registration deadline: October 25.

In-person only: https://qh.retreatportal.com/events/f?p=EVENTS:2:::::P0 EMBED,PROGRAM ID:0,12859

NEAR DEATH EXPERIENCES: HOPE, HYPOXIA AND HYPOTHESES - Saturday October 28, 10:00 a.m. - 3:00 p.m. A workshop offered at Queen's House and on Zoom for the general public. Facilitator: Rev. David Maginley. David is spiritual counselor at the QEII Health Sciences Centre in Halifax, Nova Scotia, and award-winning author of Beyond Surviving: Cancer and Your Spiritual Journey. David has also survived cancer four times, which resulted in a profound near-death experience and explorations in the nature of consciousness and the connection of body, mind and spirit. He knows what it's like to have cancer from both sides of the hospital bed and has a sense of this life from both sides of the veil. The hope offered in all religions, and held by humanity through the ages, is that we are so much more than mortal. Explore the surprisingly common accounts of those who slip across to the other side and return. Recent studies indicate NDEs are experienced by at least half of patients at the end of life, and 1 in 10 patients who have faced a health crisis. When supported by health care providers and family, these events offer the ultimate opportunity to grow in love and evolve consciousness. Learn how best to integrate this life changing experience, and the physiological, psychological and spiritual aftereffects of the phenomena. Examine biological and psychological perspectives, explore ethnographic variations throughout history, and implications of the latest scientific insights on consciousness. As a palliative care chaplain, Rev. David Maginley hears accounts every month, and all indicate that the homework of life is universal - we are to evolve into love itself. Registration deadline: October 25.

At Queen's House: https://qh.retreatportal.com/events/f?p=EVENTS:2:::::P0_EMBED,PROGRAM_ID:0,12383
On Zoom: https://gh.retreatportal.com/events/f?p=EVENTS:2:::::P0_EMBED,PROGRAM_ID:0,12383

- TREATY LEARNING JOURNEY Four Saturday mornings, 9:45 a.m. 12:45 p.m. October 28, November 4, 18, & 25.

 The Truth and Reconciliation committee of St. Philip Neri Parish, Saskatoon, is the organizing host for a series of four Treaty Learning Journey workshops led by a team from the Office of the Treaty Commissioner. This is an ecumenical initiative open to people from faith communities across Saskatoon. These four acclaimed workshops walk us from Before Treaty, to what happened At Treaty, After Treaty, and Today. Past participants report experiencing a "fundamental rewiring and understanding of the relationship between First Nations people and the British and Canadian governments", and that any notions of "shame or blame" are soon overtaken by a deeper sense of hope and a resolve to help build a better future for all the people of this land. All are welcome to attend any or all of the sessions. Pre-registration is not required. Participating faith groups, including the Prairie Centre for Ecumenism, are helping to underwrite the cost, but for participants who can afford it, a freewill offering of \$10 per session will be gratefully received. Questions may be sent to: office@stphilipneri.ca

 You can learn more about the Journey at http://www.otc.ca/blog/blog_details/otcs_treaty_learning_journey.html
- WHO DO YOU SAY THAT I AM? HOW CHRISTIANS AND OTHERS HAVE ANSWERED THIS QUESTION Five Wednesdays, 2:00 4:00 p.m. November 8 to December 6. Instructor: Don Schweitzer, PhD. Jesus is reported to have once asked his disciples, "Who do you say that I am?" (Mark 8:29). Christians and others continue to wrestle with this question. Then, as now, the answer can vary from "rabbi" or "teacher" to the declaration that Jesus was the Word of God become flesh. These five sessions will trace how Christians and some others have understood who Jesus is and the reasons for this, moving though the New Testament, early church debates and then to the present, looking at gains and losses that have occurred along the way.
 - **Nov. 8: What can we know historically about Jesus?** This session surveys what can be known about Jesus historically, focusing on his public ministry and crucifixion.
 - **Nov. 15: Jesus' resurrection** This session examines what can be known historically about Jesus' resurrection, how it was understood in various New Testament traditions and how it influenced the early church's understanding of Jesus.
 - **Nov. 22: Early Christian debates about who Jesus was** This session traces how the evolution of Christianity from being a sect within Judaism to a Gentile religion led to the question "Who do you say that I am?" being raised and answered in new ways in light of Hellenistic philosophy.

Nov. 29: Thinking about God in light of Jesus This session looks at how answers to the question "Who do you say that I am?" have led to re-thinking the understanding of God.

Dec. 6: Who is Jesus for us today? This session uses contemporary depictions of Jesus to look at how when people answer Jesus's question, "Who do you say that I am?", something of themselves enters into their understanding of Jesus.

Offered in-person at Queen's House, and on zoom.

In-person registration: https://qh.retreatportal.com/events/f?p=EVENTS:2:::::P0 EMBED,PROGRAM ID:0,12644

Zoom registration: https://qh.retreatportal.com/events/f?p=EVENTS:2:::::P0 EMBED,PROGRAM ID:0,12649

• SOUL LISTENING: A DAY OF LEARNING AND RENEWAL - Saturday November 17, 9:00 a.m. - 4:00 p.m. Facilitator: Julie Bergen. Join other caregivers as we step away for a day to focus on listening to ourselves and others. We will learn active listening skills and contemplate how listening becomes soul listening. We will practice this together as we in turn offer a listening presence and receive the gift of soul listening. This inter-faith program is for: anyone seeking to further develop their supportive presence with those they encounter; those who wish to volunteer in their faith-group or in the wider community; those already volunteering in their faith-group or in the wider community; those who are caregivers within their own families or circle of friends. This interactive training will provide skills, discussion, and small-group interaction as we practice active listening, attend to feelings, and focus on providing a compassionate presence to others.

Offered in-person at Queen's House, and on zoom.

In-person registration: https://qh.retreatportal.com/events/f?p=EVENTS:2:::::P0 EMBED,PROGRAM ID:0,12788

Zoom registration: https://qh.retreatportal.com/events/f?p=EVENTS:2:::::P0 EMBED,PROGRAM ID:0,12868

- <u>T'AI CHI CHIH: A MINDFULNESS MOVING MEDITATION</u> Saturday November 18, 1:00 4:00 p.m. Facilitator: Donna Aldous. T'ai Chi Chih is a mindfulness moving meditation. The set of 19 movements and one pose is soft, flowing and easy to learn. Benefits may include peace of mind, improved health and simply, joy. TCC practice allows the essential energy, or Chi, that moves within us all to circulate and balance. That in turn improves our health and sense of well-being. TCC is not a martial art it is completely non-violent. T'ai Chi Chih does not require a particular level of physical fitness or coordination. The very old and very young alike can learn it. Offered at Queen's House. Minimum of 6 and maximum of 10 participants. Registration deadline: November 15.

 https://gh.retreatportal.com/events/f?p=EVENTS:2::::PO EMBED,PROGRAM ID:0,12558
- SACRED JOURNEY: THE SPIRITUAL EXERCISES IN DAILY LIFE IGNATIAN 19TH ANNOTATION 14 Sunday evenings, November 19 June 16. Facilitator: Dianne Mantyka. This Spiritual Retreat in Daily Life is for you, if you desire to: Deepen your prayer life and your relationship with God; Grow in contemplative prayer; Encounter God through scripture; Become acquainted with Jesus and follow in Christ's way. This Journey calls for a commitment to: At least 1 hour daily of prayer/scripture/journaling; Fourteen Sunday evening in-person gatherings that include group spiritual direction, deep listening, input, sharing. Meet with a Spiritual Director once before, between gatherings and once at end, for 15 sessions. Location: Gathering space in Dianne's home in Briarwood area of Saskatoon. To register email Dianne: dimantyka@sasktel.net Registration deadline: October 23
- QUEEN'S HOUSE 20TH ANNIVERSARY GALA! A GALA OF GRATITUDE Thursday November 23. Dinner and concert
 performed by the Greystone Singers. Cocktails and Social: 5:00 p.m., Supper: 6:30 p.m. For information contact
 Martha Fergusson, development@queenshouse.org.

To purchase tickets: https://events.readysetauction.com/queenshouseretreatandrenewalcent/gala2023

BOUNDLESS COMPASSION: CREATING A WAY OF LIFE - COMPASSION FOR SELF AND OTHERS - Saturday November 25, 9:30 A.M. - 4:30 p.m. Facilitators: Gisele Bauche and Dianne Mantyka. Dianne and Gisele are pleased to offer a retreat day based on the first part of Joyce Rupp's book Boundless Compassion: Creating a Way of Life. Boundless Compassion is an invitation to grow in the kind of love that motivated Jesus to be a compassionate presence. Embodying compassion compels us to be a living Christ by easing suffering, welcoming and aiding those most vulnerable, and working for justice in society. We will reflect on what it means to be compassionate in body, soul, mind and spirit towards ourselves and others. Our time together will include input, music, meditations, and time for refection individually, in pairs or small groups, and in the large group. Invitations to creative expression will be part of the reflection time. Supplies will be provided. Please source your own copy of Boundless Compassion: Creating a Way of Life by Joyce Rupp. Offered at Queen's House. Registration deadline: November 20.

To register: https://qh.retreatportal.com/events/f?p=EVENTS:2:::::PO EMBED,PROGRAM ID:0,12767

GROWING IN WISDOM: SEEKING DEEPER GENERATIVITY

Two Years of Learning and Exploring for Those Seeking a Spirituality for their Wisdom Years
February 2024 - November 2025

Growing in Wisdom: Seeking Deeper Generativity is an ecumenical program, rooted in the Forest Dwelling Program created by Fr. Ron Rolheiser OMI, grounded in the mystical Christian Tradition, open to learning from other interfaith and spiritual traditions, and designed for those seeking to engage in their maturing years with wisdom and grace. It is a program that welcomes participants who have the time, interest, and energy to engage in a dynamic two-year adventure of learning and exploration. This is a time in which we can begin to look back on the life we have lived and find openness to new or previously undeveloped inner vistas. It is a time to begin to come to terms with our own mortality and the grace we find in facing this part of our lives with wisdom and satisfaction. This two-year program, offered on zoom to welcome people from across Canada and beyond, is a dynamic interplay between and among each participant, the Growing in Wisdom Community, and Divine Mystery, assisting in the inner transformation of participants as the journey unfolds. Growing in Wisdom: Seeking Deeper Generativity invites you to explore how you might commit yourself to giving both your life and your death to the world, in a way in which both are the ultimate gift and blessing that you give to others.

A minimum of 60 participants is needed to offer this program.

For all information and the program application form, visit our website: www.growinginwisdom.ca