



Our Mission Statement: *'Inspired by the Holy Spirit we are a Eucharistic community called by God To share the love of Jesus Christ and create a welcoming parish of renewal and mission.'*

Reflection:

Envy can be consuming. It can crowd out every other thought and emotion with its bite. It can make a person distracted, 'touched,' as we say, aching for the life, position, and possessions of others. My neighbours have happiness, money, success, children—why don't I?



Quote:

My friends have a good job, looks, luck—what's wrong with me? There may be a good dose of self pity in envy, but it's the longing that is bitter. The real problem is not the individual's ability to have a good life; it's his capacity not to have one. *Thomas Moore, 'Care for the Soul'*

Act of Hope

O my God,
 relying on your infinite mercy and promises,
 I hope to obtain pardon of my sins,
 the help of your grace,
 and life everlasting,
 through the merits of Jesus Christ,
 my Lord and Redeemer.
 Amen.

The Assignments:

- Before going to bed write five blessings you received.
- To help to surrender to grace, pray the Act of Hope.

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