



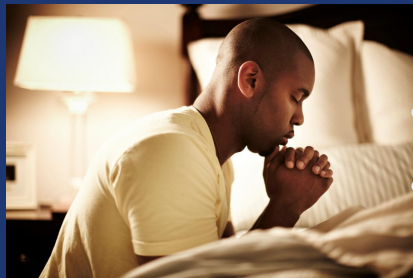
# MISSION POSSIBLE

Our Mission Statement: *'Inspired by the Holy Spirit we are a Eucharistic community called by God To share the love of Jesus Christ and create a welcoming parish of renewal and mission.'*



## **Quote:**

It's been said that our identity is that which is identical about us in every situation. Identity. Identical. Yet that doesn't help much because we are composite people, bundles of competing desires and identities. We want to be educated thinkers and we want to watch reality television. We want to be generous and we want our own way every time. We want to be in shape and we want to eat bacon! But if the basic conflicts in our natures are obvious, then so is our sense, our intuition, that beneath all that oscillation is a stable core of identity. Somewhere inside us is who we really are. *David Cook*



## **The Assignments:**

- Become more involved in your parish by joining a smaller faith group in the parish.
- Begin the practice of Examination of Conscience.

## **Simple Daily Examination of Conscience**

How do we specifically do it? St. Ignatius explains the five steps:

- Give thanks to God for his blessings
- Ask Him for the grace of light to know your sins and to reject them
- Review your thoughts, words, and actions for what may have been in opposition to the divine commandments
- Ask for forgiveness for your mistakes
- Then make a commitment to change

**[holyspiritsaskatoon.ca](http://holyspiritsaskatoon.ca)**

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