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Our Mission Statement: Inspired by the Holy Spirit we are a Eucharistic community called by God To share the love of Jesus Christ and create a welcoming parish of renewal and mission.





July 9, 2023 | Fourteenth Sunday in Ordinary Time

Zec 9:9-10 | Rom 8:9, 11-13 | Mt 11:25-30

Written by THE FAITHFUL DISCIPLE

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

What does a restful day look like to you? Maybe it's a lazy day poolside with a good book and a cold drink, or perhaps a dark room, cozy blanket, and a good movie. Lazy days like these are hard to come by; truly restful days in our busy world are even fewer and farther between. Although "taking a break" every once in a while from the cares of the world is certainly good for everyone, in today's Gospel Jesus is referring to true rest that only he can provide. Jesus asks us to take up his yoke and learn from him "and [we] will find rest for ourselves." Our burdens will be lighter because he shares them with us. Jesus says: "I am meek and humble of heart." Imagine the strength to be found in that meekness, that humility! We will know true rest when we surrender ourselves to Jesus and live in the freedom only he can provide.

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

In order to find rest in the Lord, we must remember that "[we] are in the spirit, if only the Spirit of God dwells in [us]," as Saint Paul writes to the Romans. Therefore, Jesus is inviting us into union with him, as well as with the Father and the Holy Spirit. How do we yoke ourselves to Christ? By living out our baptismal promises, celebrating the sacraments, and through our lives of faith, we allow Jesus to work through us and lead the way. Let us make an effort this week to hand over our worries and anxieties to Jesus. And let us never forget that the Holy Spirit dwells within us.

PRAISE Share your worries and anxieties with Christ through prayer. Offer a prayer of thanksgiving and praise using today's psalm: The Lord is faithful in all his words and holy in all his works. The Lord lifts up all who are falling and raises up all who are bowed down. I will praise your name for ever, my king and my God.



Welcome **Emmanuel** Umeohanna!

Emmanuel comes to Holy Spirit Parish from the Diocese of St. Paul, AB. He is currently a seminarian at St.

Joseph Seminary in Edmonton AB. He will be with us for the summer. When you see him, please introduce yourself with a warm welcome!

Mass Times

Saturday 5 pm **Sunday** 10 am, 12 noon, 7 pm Weekdays, Tues. - Fri. 8:30 am

Confessions

Saturdays 11 am - 12 noon or by appointment.

Adoration

Fridays, 9 am - 12 pm Sundays, 1 - 4 pm

Wednesday Adoration will resume in September

Family Connection

In today's Gospel, Jesus teaches an important lesson for families: from the youngest and simplest among us we can learn the most profound insights about God. Parents who are attentive to this reality can learn much from their children even as their children are learning from them. Families who create time and space for encounters with God will enrich the faith of all who share in family life.

Gather as a family and read together today's Gospel, Matthew 11:25-30. Allow time for each person to reflect on what Jesus reveals to us about God. Invite each person to show these things in a creative way, perhaps through a picture, poem, or some other means. Share these with one another. Conclude in prayer together, thanking Jesus for making God known to us. Pray together the Lord's Prayer or today's Psalm, Psalm 145.



When Jesus speaks of things that are "hidden from those who are wise," he may have been referring to the **PREPARE** fact that we often jump to conclusions based on what we think is happening, without really knowing at all— WORD especially in an unsettling situation. I recently had such an experience. While in a hurry the other day running a quick errand to the pet store, I almost hit a loose bulldog in the parking lot that was being chased

by a frantic elderly woman.

I jumped out and started chasing him too. I'm a cat person and know nothing about how to catch dogs. Luckily a dog person jumped out of her car and got him to come to her. She yelled at the woman, "Why isn't that dog on a leash?!" "He's not my dog!" the older lady yelled back. "He's my daughter's. She's leaving an abusive relationship right now and I grabbed him. I'm here to get a harness and I don't know what size so I was trying to put him in a shopping cart to bring him inside." The woman apologized and heaved the dog into a shopping cart for her. We didn't know what to say, but the two of us accompanied this gasping, distraught mother inside and helped her pick out a harness and other things the dog needed.

The awfulness of some situations doesn't go away, but easing the suffering endures too. •Jennifer Tomshack

Sunday, Jul 09, 2023

The unexamined life is not liberating

Interested in ministering, healing, and caring? Intrigued by dream analysis, speaking in tongues, or miracles? Seeking transcendence or the art of meditation? Does your attention reside at the intersection of faith and psychology? If any of the above concern you, there's a Morton Kelsey book with your name on it. Episcopal priest, Jungian therapist, and prolific author, Kelsey notes that we're controlled by what we assume and have never thoughtfully considered: "You can't come to a new point of view until you realize what your brainwashing has been." Take the first step toward inner freedom. Review your assumptions.

FOURTEENTH SUNDAY IN ORDINARY TIME TODAY'S READINGS: Zechariah 9:9-10; Romans 8:9, 11-13; Matthew 11:25-30 (100). "Although you have hidden these things from the wise and the learned you have revealed them to little ones."

Monday, Jul 10, 2023

Don't let setbacks throw you

The first bishop of Denver, Joseph Machebeuf, who died on this day in 1889, was the basis for the character Joseph Vaillant in Willa Cather's 1927 novel *Death Comes for the Archbishop*. Machebeuf was born in France and his character's French last name means "courageous"—for promoting the faith, in his case. In real life, Machebeuf was thrown from a carriage and disabled from his injuries, but went on to found schools and hospitals while overseeing the enormous growth of the Catholic population in Colorado. May his life inspire you to be valiant in overcoming challenges in your service to God.

TODAY'S READINGS: Genesis 28:10-22a; Matthew 9:18-26 (383). "Courage, daughter! Your faith has saved you."

Tuesday, Jul 11, 2023

The Bible according to Benedict

When a team of theologians, medievalists, and artists began work on Saint John's Illuminated Bible in 1995, certain core values of Benedictine spirituality served as guiding principles. The finished product—the first hand-wrought copy of the Bible since the printing press in the 1400s—embodies some undeniable basics from Benedict's Rule, such as: the holiness of ordinary objects (simple goose quills for calligraphy) and the dignity of manual labor (vellum pages were hand-sanded repeatedly). But it's the larger themes of hospitality, transformation, and justice for God's people that make it a rich text for our time. Contemplate this Bible's full significance at the Library of Congress website.

MEMORIAL OF BENEDICT, ABBOT TODAY'S READINGS: Genesis 32:23-33; Matthew 9:32-38 (384). "I have seen God face to face,' he said."

Wednesday, Jul 12, 2023

Foundation for a just society

The Knights of Peter Claver was incorporated on this day in 1911, the fruit of a collaboration between three Josephite priests and three laymen in Mobile, Alabama. The black Catholic fraternal order was founded for African Americans in an age when much of the U.S. Church was still segregated and many Knights of Columbus councils refused to accept black members. Named for the historic Spanish Jesuit missionary to South America, the order has since gone on to incubate justice-minded Catholics in the United States and also in Saint Peter Claver's own mission base of

Colombia. The organization added a Ladies Auxiliary in 1922, which now outstrips the men in membership and activity. If you're interested in the intersection of the Catholic faith and social justice, support the Saint Peter Claver Foundation.

TODAY'S READINGS: Genesis 41:55-57; 42:5-7a, 17-24a; Matthew 10:1-7 (385). "Go . . . to the lost sheep of the house of Israel. As you go, make this proclamation: 'The Kingdom of heaven is at hand.""

Thursday, Jul 13, 2023

Let it reign

The kingdom of God, or reign of God, means many things to many people. The term appears in today's gospel and in fact appears in the New Testament alone well over 100 times. Theologians have discussed its meaning over the centuries. They propose that in various contexts it refers to a heavenly reward, to Jesus himself, to the faithful as they pursue righteousness on Earth, to a culture based on love, mercy, and justice, and other variations on these themes. Like any big concept, there might not be one "right answer." How do you envision the kingdom of God?

TODAY'S READINGS: Genesis 44:18-21, 23b-29; 45:1-5; Matthew 10:7-15 (386). "As you go, make this proclamation: 'The Kingdom of heaven is at hand.'"

Friday, Jul 14, 2023

A touch of faith

"She who gropes her way" is an English translation of the Mohawk name Tekakwitha, Saint Kateri's second given name. That epithet is likely related to the fact that an outbreak of smallpox left Kateri orphaned, scarred, and visually impaired at the age of 4. As Kateri felt her way through her short life, she experienced the glories of nature, the riches of Catholic teachings, and the dignity of every soul. With help from family, friends, and a host of strangers, she discovered her true calling: to dedicate her life to God and give voice to God's truths. Pray to Saint Kateri that your vocation becomes crystal clear.

MEMORIAL OF KATERI TEKAKWITHA, MOHAWK TODAY'S READINGS: Genesis 46:1-7, 28-30; Matthew 10:16-23 (387). "Do not worry about how you are to speak or what you are to say." You will be given at that moment what you are to say."

Saturday, Jul 15, 2023

What we leave behind

History was not kind to the remains of Saint Bonaventure (1221-74), an Italian cardinal and minister general of the Franciscans. His many works of philosophy and theology are carefully preserved. But his body? Not so much. His torso was burned by invading Huguenots in 1562. His head, discovered to be uncorrupted 160 years after his death, was lost in the destruction of a church during the French Revolution. Only a lone arm has survived, resting in a church in Bagnoregio, Italy. Though your body will not last, your legacy can. Make it a good one.

MEMORIAL OF BONAVENTURE, BISHOP, DOCTOR OF THE CHURCH

TODAY'S READINGS: Genesis 49:29-32; 50:15-26a; Matthew 10:24-33 (388). "Do not be afraid of those who kill the body but cannot kill the soul."

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



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Bringing Home the Word +

Fourteenth Sunday in Ordinary Time (A)
July 9, 2023

Do You Know Who I Am?

Sr. Dianne Bergant, CSA

That question usually means: "Do you know how important I am?" Reputation, status, and celebrity are extraordinarily significant in today's society. Vulnerable, unsure beings that we are, we need to be reassured that we are important. And we are important, though usually not in the way society might perceive it.

Each of us is unique. Yet our personal uniqueness does not diminish the uniqueness of others, and there's the rub! So often we think that it does. That's when we might try to put others down or demand, "Do you know who I am?"

Sunday Readings

Zechariah 9:9-10

Behold: your king is coming to you Humble, and riding on a donkey.

Romans 8:9, 11-13

If you live according to the flesh, you will die, but if by the spirit you put to death the deeds of the body, you will live.

Matthew 11:25-30

[Jesus said,] "Come to me, all you who labor and are burdened, and I will give you rest."

Often we don't really know who we are. This is where humility enters the picture.

In today's first reading, the king rides on a donkey. He doesn't need a mighty warhorse to show others his importance or to reassure himself of his royal identity. Nor does he need military armaments like a chariot or bow to establish peace. He is secure with himself. He knows who he is—no more, but no less.

The Gospel portrays Jesus as "meek and humble of heart" (Matthew 11:29). He knows who he is. He is the Son of the Father, sent by the Father to do the will of the Father. All things are in his hands, because he received everything from the Father. He does not have to broadcast this or argue with others to convince them. He knows who he is. He is the Son—no more, but no less.

And what about you? Do you know who you are? †

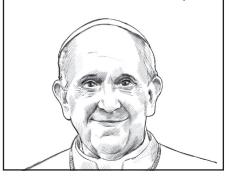
Jesus knows who he is. He is the Son no more, but no less.



A Word from Pope Francis

When a country is mindful of its roots, it keeps growing, it is renewed and it continues to embrace newcomers, new individuals and new peoples. All of us benefit from remembering our past. A people which remembers does not repeat past errors; instead, it looks with confidence to the challenges of the present and the future.

INDEPENDENCE HALL, PHILADELPHIA, SEPTEMBER 26, 2015



REFLECTIONS QUESTIONS GRESTIONS

- Are you grateful for your uniqueness?
- Do you use that uniqueness to make the world a better place?

When Jesus Was Deported

By Fr. Bruce Lewandowski, CSsR

M aria and Jesus picked up their two children, ages seven and ten, from school. On the way home, they stopped at the supermarket. When they got home, Maria took the children into the house as Jesus unpacked the car. When she peeked out the front window of their Philadelphia row house a few minutes later, the car trunk was open and Jesus was gone. He'd been picked up by ICE (United States Immigration and Customs Enforcement). Ten days later, he was deported.

More than at any other time in history, Church leaders are calling on local and national government leaders of all nations to care for immigrants and refugees. History has certainly seen anti-immigrant organizations, movements, and politics flourish; the anti-immigrant, anti-Roman Catholic Know-Nothing Party of the 1800s illustrates the point. But never before has our great nation of immigrants' descendants experienced the organized



removal of millions of undocumented immigrants. Many states are sending a strong message to immigrants: You're not welcome. Go home!

In May 2012, during the *ad limina* visit of United States bishops to the Vatican, Pope Benedict praised the US bishops for their extraordinary care for immigrants. Indeed, with the guidance of the bishops' Justice for Immigrants campaign (JusticeForImmigrants.org),

some dioceses, religious orders, parishes, and individuals have begun to generously and gently accompany immigrants and immigrant communities, regardless of their citizenship status.

Some is a key qualifying word. Some lay faithful are at odds with the bishops over this polarizing issue, but we cannot refuse to see and understand that immigration and its reform are Catholic issues. Something very odd is at work here. How can American Catholics sing "Faith of our Fathers" in their Italian, German-, Irish-, Polish-, or Slovak-built churches and cathedrals on Sunday, and then deport Jesus on Monday? *#

Note: This article was published in Liguorian magazine in January 2013. Pope Francis and the American bishops have continued to call ordinary Catholics to open their hearts and hands to welcome immigrants and refugees. Perhaps we can pray together the Prayer for Migrant Families (at left and found on the bishops' website: usccb.org/prayers/prayer-migrant-families).

Prayer for Migrant Families

Good and gracious God, as we reflect upon the difficult journey that the Holy Family faced as refugees in Egypt, help us to remember the suffering of all migrant families.

Through the intercession of Mary our Mother, and St. Joseph the Worker, her spouse, we pray that all migrants may be reunited with their loved ones and find the meaningful work they seek.

Open our hearts so that we may provide hospitality for all who come in search of refuge.

Give us the courage to welcome every stranger as Christ in our midst. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God forever and ever. Amen.



Loving God, help us
to welcome each other
as we wish to be welcomed,
to respect everyone
as we wish to be respected,
to love as we wish to be loved.

Amen.

The Redemptorists

WEEKDAY READINGS

July 10-15

Monday, Weekday:

Gn 28:10-22a / Mt 9:18-26

Tuesday, St. Benedict:

Gn 32:23-33 / Mt 9:32-38

Wednesday, Weekday:

Gn 41:55-57; 42:5-7a, 17-24a / Mt 10:1-7

Thursday, Weekday: Gn 44:18–21, 23b–29; 45:1–5 / Mt 10:7–15

Friday, St. Kateri Tekakwitha: Gn 46:1–7, 28–30 / Mt 10:16–23

Saturday, St. Bonaventure:

Gn 49:29-32; 50:15-26a / Mt 10:24-33



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2023 INFANT BAPTISM 2023 Baptism Schedule Sharon 306-374-1425 or spowell@rcdos.ca CHRISTIAN INITIATION OF CHILDREN Sharon at spowell@rcdos.ca or 306-374-1425 CHRISTIAN INITIATION FOR ADULTS - RCIA Erin 306-374-1425 or email egratton@rcdos.ca. MARRIAGE PREPARATION Nicole Gursky at 306 229-0384 or email ngursky@sasktel.net

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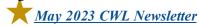
Carmen Theoret

Maureen Smith -Windsor



CATHOLIC WOMEN'S LEAGUE

Margaret Schwab 306-227-8930





KNIGHTS OF COLUMBUS 8905

Eric Lautsch ericdlautsch@rocketmail.com

Are you new to the parish? Has your information changed?

Fill out this form online form.jotform.com/223425739604054

I Or contact the office (306) 374-3190 or info@holyspiritsaskatoon.ca



If you need prayer, support, a visit (with the Eucharist or otherwise), Anointing of the Sick, or assistance with funeral planning, Ministry of Care is just a phone call or email away.

Please contact Kelly Wormsbecker Pastoral Associate-Ministry of Care

kwormsbecker@rcdos.ca or call 306-374-1425

WAYS TO DONATE TO HOLY SPIRIT PARISH

- **1. Sign up for Pre-Authorized Giving** Registration forms are available at the church office, online on our parish website, or via email. Donate using debit or credit card. **Form**
- 2. Interac e-Transfer using online banking: send e-transfer to finance@holyspiritsaskatoon.ca (it is directly deposited, no password needed). Please put your full name and envelope number in the message box along with any special offering designation.
- 3. Parish Offertory: https://dscf.ca/parish-offertory/
- 4. Mail envelopes to the church: 114 Kingsmere Place, Saskatoon, SK, S7J 3V7
- 5. Drop envelopes off at church: Put envelopes into the office door mail slot.
- 6. Place envelopes in the offertory basket at Mass





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PRESENTS

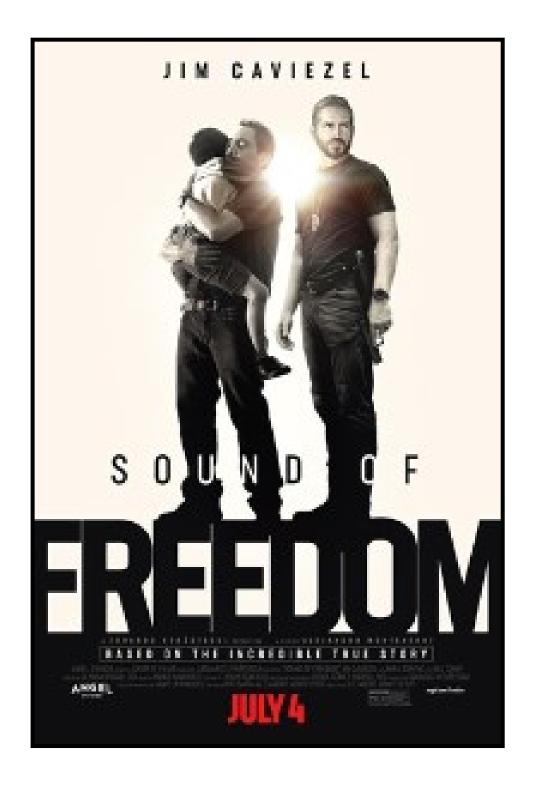


Evening Colloquium

Presentations by Dr. Karl Persson, Professor of English, and Dr. Jordan Olver, Professor of Philosophy

Wednesday, July 19th @ 7:00 PM

Our Lady of Lourdes Parish 1235 12th St. E, Saskatoon, SK



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