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Our Mission Statement: Inspired by the Holy Spirit we are a Eucharistic community called by God To share the love of Jesus Christ and create a welcoming parish of renewal and mission.



July 23, 2023 | Sixteenth Sunday in Ordinary Time

Wis 12:13, 16-19 | Rom 8:26-27 | Mt 13:24-43

Written by FAITHFUL DISCIPLE

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

The parables were always my favorite Gospel readings when I was growing up. One we just heard, regarding the wheat and the weeds, was particularly comforting to me as a child. It was simple to understand, I thought: Those of us in God's Church were obviously the wheat and, of course, destined for salvation. We just needed to endure living among "the weeds" while we are in this world. As an adult, however, I realize that Jesus' message is much more challenging - much more convicting regarding my own failures and sins: I could be a weed! And while I certainly don't like that thought, I also don't like considering that anyone would be thrown into the "fiery furnace." After all, we are supposed to love one another and desire that they become part of the body of Christ and have eternal life. The reality of this world, however, is that temptation and sin surround us. Fortunately, Jesus gives us himself as the Bread of Life in the Eucharist, and we have the gift of mercy in the sacrament of reconciliation. These sacraments, as well as prayer, give us the "nutrients" we need to ensure that we remain the wheat God has sown in his field, and that we can help others be that too.

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

While the sacraments can fortify our faith, what about our neighbors, friends or family who are not Catholic or who have fallen away from the Church? This is where evangelization comes in inviting someone to join you at Mass or suggesting a religious book they might enjoy reading. If you don't think such a simple act could make much difference in the life of another, take heart in the parables contained in the long form of today's Gospel. In those, Jesus reminds us that it doesn't take much to spread the Good News of the kingdom of heaven. The smallest of seeds can turn into the largest of plants and a small amount of yeast can leaven much flour. And if we have moments where we lack courage or feel in need of assistance, St. Paul reminds us that "the Spirit comes to the aid of our weakness." Never underestimate the power of the Advocate: he can help us pray, can intercede for us, and provide what we need to be good seed in the world.

PRAY Let us pray this week for the strength to live out our baptismal promise to reject evil, and to gain courage so as to be a witness to God, and to work toward building his kingdom on earth wherever and whenever we can.



Mass Times

Saturday 5 pm **Sunday** 10 am, 12 noon, 7 pm Weekdays, Tues. - Fri. 8:30 am

Confessions

Saturdays 11 am - 12 noon or by appointment.

Adoration

Fridays, 9 am - 12 pm Sundays, 1 - 4 pm

Wednesday Adoration will resume in September

Family Connection

Taken together, the parables found in today's Gospel offer both a sobering reminder about the Kingdom of God and words of encouragement. As the wheat and the weeds must grow together until the harvest, so we may not know whether our actions contribute to God's Kingdom until God's final judgment. With this word of caution in mind, we act always in prayer that our actions will be consistent with God's plans. In the parables of the mustard seed and the yeast, we hear words of encouragement. God can bring the Kingdom of Heaven from even the smallest of beginnings. Thus, we ask God to work through us for the sake of the Kingdom of Heaven.

Set aside some time this week to make bread with your family. Show the amount of yeast that is required to raise an entire batch of bread. Observe that little things can go a long way. After the bread has been baked, gather together as a family. Read together today's Gospel, Matthew 13:24-43. Reflect together on what Jesus means when he teaches that the Kingdom of Heaven is like a mustard seed and like yeast. In these parables, Jesus is teaching us that God can work wonders from even the smallest beginnings of the Kingdom of God. This means that even the little things that we do can make a big difference in the lives of others. What are some of the little things that we can do in our family that help to make things better for others? Decide on one action to take together. Pray that God will use your action to make a difference in the world. Pray together the Lord's Prayer.



Sunday, Jul 23, 2023

God's kind of justice

Our exercise of justice can be remarkably heartless. Too often we confuse justice with judgment, imagining justice is only served by lowering the boom on the offending party. The writer of the book of Wisdom describes God's justice as both mighty and clement: that is, powerful and merciful at the same time. Among the loveliest recommendations in the Old Testament is this: "Those who are just must be kind." Written 50 years before the time of Jesus, Wisdom demonstrates why Jesus came to heal, forgive, and rescue—not destroy, condemn, and disown. Make kindness your partner in justice.

SIXTEENTH SUNDAY IN ORDINARY TIME TODAY'S READINGS: Wisdom 12:13, 16-19; Romans 8:26-27; Matthew 13:24-43 (106). "And you taught your people, by these deeds, that those who are just must be kind."

Monday, Jul 24, 2023

Unburden yourself

With so many things to do, places to go, and people to see, how could the average busy person these days possibly relate to contemplative hermits? Maybe the holy example of hermits, like Sharbel Makhlūf, is exactly what our hectic times need to help us detach from all that consumes us. This 19th-century Lebanese saint was a shepherd-turned-priest who later became a monk and then a hermit. After his death, miracles were attributed to his intercession. At his beatification in 1965, Pope Paul VI said: "May he make us understand, in a world largely fascinated by wealth and comfort, the paramount value of poverty, penance and asceticism, to liberate the soul in its ascent to God."

MEMORIAL OF SHARBEL MAKHLŪF, PRIEST TODAY'S READINGS: Exodus 14:5-18; Matthew 12:38-42 (395). "She came from the ends of the earth to hear the wisdom of Solomon."

Tuesday, Jul 25, 2023

Walk this way

Annually an estimated 350,000 pilgrims walk the Camino de Santiago—the Way of Saint James. The Camino has a series of medieval routes, but the French Way is most popular. On foot it takes 30 days, crossing foothills of the Pyrenees and many fields, towns, and villages before traversing Galicia. Each route leads to the city of Santiago de Compostela with its magnificent cathedral, believed to be the final resting place of Saint James the Greater, who brought Christianity to Spain. Pope Callixtus II declared in 1122: "The city of Compostela, through the support of Blessed James, has been made sacred for the faithful and a help for those coming to it." Visit the American Pilgrims website to be inspired.

FEAST OF JAMES, APOSTLE

TODAY'S READINGS: 2 Corinthians 4:7-15; Matthew 20:20-28 (605). "The Son of Man did not come to be served but to serve."

Wednesday, Jul 26, 2023

Honor your ancestors

Though we only know of Joachim and Anne from early Christian writings, not biblical texts, it is logical to give a place of prominence to those who, after all, were Jesus' grandparents. It is said they struggled greatly to give birth until God, seeing their holiness, granted them the supreme privilege of parenting Mary, the mother

of God. In the Orthodox Church of America, they carry a title of great respect: Holy Ancestors of God. Think of the sacrifices your own grandparents likely made in raising your parents. Let your life honor them.

MEMORIAL OF JOACHIM AND ANNE, PARENTS OF THE BLESSED VIRGIN MARY

TODAY'S READINGS: Exodus 16:1-5, 9-15; Matthew 13:1-9 (397). "And he spoke to them at length in parables."

Thursday, Jul 27, 2023

Help build a church with a conscience

Many Catholics take for granted the existence of a robust Catholic social service network. But back in the early 20th century, that was not the case. Poverty was common and social work was emerging as a profession. The social-concerns encyclical *Rerum Novarum* (1891) and Father William J. Kerby, co-founder of what became Catholic Charities USA, were two important influences that helped develop social consciousness among U.S. Catholics. Thanks to Kerby, who died on this date in 1936, and other activists and thinkers, the American church now includes many anti-poverty efforts. What can you do to further this critical social legacy?

TODAY'S READINGS: Exodus 19:1-2, 9-11, 16-20b; Matthew 13:10-17 (398). "Prophets and righteous people longed to see what you see but did not see it."

Friday, Jul 28, 2023

Blessed are those who hear the word

Blessed Charlie Stanley Rother is on the path to sainthood, a surprise for many who knew him as a rather shy and grumpy lad. Stanley grew up in Oklahoma. He was skilled at farming and could fix practically anything. He also felt called to the priesthood. After ordination, another calling came, this time, to go to Guatemala. There, Stanley used his gifts as he lived and worked among the people. With them, he too faced the terror of the raging Guatemalan civil war. He was martyred on July 28, 1981. Befriend Blessed Stanley and ask him to accompany you as you listen for God's calling.

TODAY'S READINGS: Exodus 20:1-17; Matthew 13:18-23 (399). "The seed sown on rich soil is the one who hears the word and understands it, who indeed bears fruit and yields a hundred or sixty or thirtyfold."

Saturday, Jul 29, 2023

Even the savior of the world needs friends

Martha, Mary, and Lazarus held a privileged place in Jesus' heart. As a wandering preacher who had "no place to lay his head," Jesus knew he always had a place to call home in visiting his three dear friends. Each gifted him in a special way, as the 2021 decree combining their veneration from the Congregation for Divine Worship and Sacraments points out: "Martha generously offered him hospitality, Mary listened attentively to his words, and Lazarus promptly emerged from the tomb at the command of the one who humiliated death." Cherish and nurture your dearest friendships; they are a treasure through thick and thin.

MEMORIAL OF MARTHA, MARY, AND LAZARUS, FRIENDS OF JESUS

TODAY'S READINGS: Exodus 24:3-8 (400); John 11:19-27 or Luke 10:38-42 (607). "Many of the Jews had come to Martha and Mary to comfort them about their brother [Lazarus, who had died]."

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



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Bringing Home the Word +

Sixteenth Sunday in Ordinary Time (A)
July 23, 2023

God Gets to Judge, Not Us

Sr. Dianne Bergant, CSA

he Gospel reading consists of **▲** parables, one of which Jesus explains. The two that seem easy to understand compare the kingdom with a mustard seed that begins small and then grows large enough to welcome all manner of birds for nesting, and of a bit of yeast that completely transforms the entire batch of dough. The parable about the weeds in the field of wheat needed explanation. Any farmer would have recognized the situation described. We don't always know where they come from, but weeds seem to crop up everywhere. What should one do? Lest wheat be inadvertently pulled up,

Sunday Readings

Wisdom 12:13, 16-19

As you are righteous, you govern all things righteously.

Romans 8:26-27

The Spirit...comes to the aid of our weakness; for we do not know how to pray as we ought.

Matthew 13:24-43 or 13:24-30

[Jesus said,] "At harvest time I will say to the harvesters, 'First collect the weeds and tie them in bundles for burning; but gather the wheat into my barn." let both wheat and weeds grow till the harvest. That is the time of separation.

So, what's the meaning of these parables? Like the mustard seed, the kingdom—the new way of living that Jesus came to inaugurate—consists of small acts of unselfishness and genuine love. But it grows and grows until it is opened to all manner of people. Like the yeast, as insignificant as it might appear, this kingdom can transform all of society.

The parable of the wheat and the weeds is about the last judgment. But it also insists that the field, society, even the Church, is made up of both good and bad. It is very dangerous to try to get rid of what might be considered bad seeds, bad citizens, or bad members. One might pull up the wrong ones. There will be a time of judgment, and it will be in God's time, and in God's hands. †

The kingdom is open to all kinds of people, even the ones who seem like bad seeds.



A Word from Pope Francis

All too often, those most in need of our help, everywhere, are unable to be heard. You are their voice, and many of you... have faithfully made their cry heard. In this witness, which frequently encounters powerful resistance, you remind American democracy of the ideals for which it was founded, and that society is weakened whenever and wherever injustice prevails.

INDEPENDENCE HALL, PHILADELPHIA, SEPTEMBER 26, 2015



QUESTIONS MEETLECTIONS OUESTIONS

- How do you interact with people you think are living wrongly?
- Do you find it hard to let God be the judge?

Gun Control and Self-Control

By Fr. Bruce Lewandowski, CSsR

Michael couldn't wait to tell his second-grade friend what had happened to him. "A policeman pointed a gun at my head this morning!" Michael's friend was scared, so he told the teacher, who told the principal, who called Michael's parents. His parents explained that their home had been raided at 6 AM by federal agents, guns drawn. One had pointed a gun at Michael. An uncle living with the family had been arrested and charged with illegal sale of semiautomatic weapons.

In 1978, the United States Conference of Catholic Bishops called for gun control in their document Community and Crime: A Statement of the Committee on Social Development and World Peace. Their 2000 document Responsibility, Rehabilitation, and Restoration: A Catholic Perspective on Crime and *Criminal Justice* reiterated their support for legislative efforts to protect society from the violence associated with easy access to deadly weapons. And again in January 2013, the bishops affirmed their hope that any government action on gunviolence prevention would lead to greater respect for human life.

Like it or not, violence is part of our lives. Violent TV programs, video games,



and movies are a source of entertainment for many. War, insurrection, and mob scenes are reported on the news, in newspapers, and across the Internet. Veterans are haunted daily by the trauma of battles fought decades ago, and thousands of soldiers continue to fight in conflicts around the world. Domestic violence is a reality for many, and the tragedies of Littleton, Aurora, Columbine, and Newtown and too many other mass shootings have left an indelible mark on the American soul.

Even the word of God is filled with violence—it can be found throughout the Hebrew and Christian Testaments. Prophets, priests, and kings are guilty of it; innocent and God-fearing men,

women, and children are victims of it and it's often attributed to God. Even our salvation was won through a horrific and violent act. We can't escape or explain violence away. It's a reality.

Our society encourages and celebrates overindulgence. People overeat, overspend, overwork, overachieve, overcommit, overdose, and overreact. It seems a bit like overkill to say this, but if you can name it, you can indulge in it.

Many turn to gun control as a remedy, and maybe there should be stricter government oversight of the availability and use of firearms. But a deeper problem exists, one much greater than uncontrolled access to weapons. The inability to manage powerful emotions and urges—the absence of self-control can have life-threatening and life-ending consequences. Self-discipline and self-restraint are more than indicators of healthy and mature growth and development; they are imperative to saving lives and building and maintaining true and lasting peace. As a nation, we've got a gun to our head—it's time to get control of ourselves. #

First published in Liguorian, July-August 2013



Merciful God, we are often quick to judge others and sometimes too lenient with ourselves. Please help us to see as you see and to do what Jesus would do.

Amen.

The Redemptorists

Sr. Thea on Being Content with Doing Her Little Bit

I think the difference between me and some other people is that I am content to do my little bit. Sometimes people think they have to do big things in order to make change. If each one of us lights a candle, we've got a tremendous light.

Sr. Thea Bowman, FSPA, In My Own Words, copyright 2009 Liguori Publications.

WEEKDAY READINGS

July 24-29

Monday, Weekday:

Ex 14:5-18 / Mt 12:38-42

Tuesday, St. James:

2 Cor 4:7–15 / Mt 20:20–28

Wednesday, Sts. Joachim and Anne: Ex 16:1–5, 9–15 / Mt 13:1–9 Thursday, Weekday:

Ex 19:1-2, 9-11, 16-20b / Mt 13:10-17

Friday, Weekday:

Ex 20:1-17 / Mt 13:18-23

Saturday, Sts. Martha, Mary and Lazarus: Ex 24:3–8 / Jn 11:19–27 or Lk 10:38–42



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2023 INFANT BAPTISM 2023 Baptism Schedule Sharon 306-374-1425 or spowell@rcdos.ca CHRISTIAN INITIATION OF CHILDREN Sharon at spowell@rcdos.ca or 306-374-1425 CHRISTIAN INITIATION FOR ADULTS - RCIA Erin 306-374-1425 or email egratton@rcdos.ca. MARRIAGE PREPARATION Nicole Gursky at 306 229-0384 or email ngursky@sasktel.net

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Mike Gartner - Chair

Pat Jarrett Greg Kirzinger

Katherine Kowal Gregoire

Carmen Theoret

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Margaret Schwab 306-227-8930





KNIGHTS OF COLUMBUS 8905

Eric Lautsch ericdlautsch@rocketmail.com

Are you new to the parish? Has your information changed?

Fill out this form online form.jotform.com/223425739604054

I Or contact the office (306) 374-3190 or info@holyspiritsaskatoon.ca



If you need prayer, support, a visit (with the Eucharist or otherwise), Anointing of the Sick, or assistance with funeral planning, Ministry of Care is just a phone call or email away.

Please contact Kelly Wormsbecker Pastoral Associate- Ministry of Care

kwormsbecker@rcdos.ca or call 306-374-1425

WAYS TO DONATE TO HOLY SPIRIT PARISH

- Sign up for Pre-Authorized Giving Registration forms are available at the church office, online on our parish website, or via email. Donate using debit or credit card. <u>Form</u>
- 2. Interac e-Transfer using online banking: send e-transfer to finance@holyspiritsaskatoon.ca (it is directly deposited, no password needed). Please put your full name and envelope number in the message box along with any special offering designation.
- 3. Parish Offertory: https://dscf.ca/parish-offertory/
- 4. Mail envelopes to the church: 114 Kingsmere Place, Saskatoon, SK, S7J 3V7
- 5. Drop envelopes off at church: Put envelopes into the office door mail slot.
- 6. Place envelopes in the offertory basket at Mass





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POPE

JOPI RANCIS

LDRY

MLSSAGI

'Honour Grandparents': Pope's Message for World Day of Grandparents and Elderly

With a call to honour and never abandon grandparents, Pope Francis issues Message for 3rd World Day for Grandparents and the Elderly on 23 July. The 86-year-old Pope instituted the Day in 2021, to be held the fourth Sunday in July, close to the feast of Jesus' grandparents, Saints Joachim and Anne.

By Deborah Castellano Lubov

"Let us honour them, neither depriving ourselves of their company nor depriving them of ours. May we never allow the elderly to be cast aside!"

This is Pope Francis' heartfelt invitation in his Message for the Third World Day for Grandparents and the Elderly, which the Church will celebrate on Sunday, 23 July. The text was published by the Vatican on Thursday.

The Church observes the World Day each year on the fourth Sunday in July, close to the feast of Jesus' grandparents, Saints Joachim and Anne. On the World Day, the Holy Father often presides over a Mass in St. Peter's Basilica, and invites parishes, dioceses, associations and ecclesial communities from all over the world to celebrate the Day in their own pastoral context.

Pope Francis instituted this Day in 2021 since, he believes, grandparents are often forgotten, yet they "are the link between generations, passing on the experience of life and faith to the young."

'His Mercy is from age to age'

Pope Francis chose as this year's theme "His mercy is from age to age" (Lk 1:50), which he recalled, takes us back to the joyful meeting between the young Mary and her elderly relative Elizabeth (Lk 1:39-56). The Holy Spirit had descended upon Elizabeth, and had earlier, descended upon Mary, prompting her to respond with the *Magnificat*, in which she proclaimed that the Lord's mercy is from generation to generation.

That same Spirit, the Pope observes in the Message, "blesses and accompanies every fruitful encounter between different generations: between grandparents and grandchildren, between young and old."

Bring joy to the elderly's hearts

The Pope expressed the delight that young people can offer older generations.

"God wants young people to bring joy to the hearts of the elderly, as Mary did to Elizabeth, and gain wisdom from their experiences. Yet, above all, the Lord wants us not to abandon the elderly..."

The Pope lamented how often they tragically are pushed aside.

This year, the World Day, the Pope recalled, takes place close to World Youth Day, stressing how maintaining quality connections with the older generations has priceless value for the young.

"The Lord," the Pope suggested, "trusts that young people, through their relationships with the elderly, will realize that they are called to cultivate memory and recognize the beauty of being part of a much larger history."

Become friends

Friendship with an older person, he said, can help the young "to see life not only in terms of the present and realize that not everything depends on them and their abilities." For the elderly, on the other hand, he noted, the presence of a young person in their lives "can give them hope that their experience will not be lost and that their dreams can find fulfilment."

God's loving plan, the Pope expressed, spans past, present and future. "It embraces and connects the generations."

"It is greater than we are, yet includes each of us and calls us at every moment to keep pressing forward."

For the young, the Holy Father said, "this means being ready to break free from the fleeting present in which virtual reality can entrap us, preventing us from doing something productive." For the elderly, he continued, "it means not dwelling on the loss of physical strength and thinking with regret about missed opportunities."

"Let us all look ahead!" the Pope said, insisting we must "allow ourselves to be shaped by God's grace, which from generation to generation frees us from inertia and from dwelling on the past!"

Do not abandon them

In the meeting between Mary and Elizabeth, the Pope said, God points us toward the future that He is opening up before us.

The Holy Father encouraged everyone to reflect on that meeting, "to picture, like a snapshot, that embrace between the young Mother of God and the elderly mother of Saint John the Baptist, and to frame it in their minds and hearts as a radiant icon."

The Pope made another appeal for us to never forget or abandon the elderly.

"Let us not abandon them."

"Their presence in families and communities," the Pope highlighted, is a precious one, for it reminds us that we share the same heritage and are part of a people committed to preserving its roots."

Church and society need elderly's gifts

"From the elderly we received the gift of belonging to God's holy people. The Church, as well as society, needs them, for they entrust to the present the past that is needed to build the future.

The World Day for Grandparents and the Elderly, the Holy Father said, is meant "to be a small but precious sign of hope for them and for the whole Church."

The Holy Father renewed his invitation to everyone, and in a special way, dioceses, parishes, associations and communities, to celebrate this Day and to make it "the occasion of a joyful and renewed encounter between young and old." To the young who are preparing to meet in Lisbon or to celebrate World Youth Day in their own countries, the Pope asked that before they set out on their journey, that they visit their grandparents or an elderly person who lives alone.

"Their prayers will protect you and you will carry in your heart the blessing of that encounter."

Great affection for elderly

The Holy Father also asked the elderly to accompany the young people about to celebrate World Youth Day with their prayers. "Those young people are God's answer to your prayers, the fruits of all that you have sown, the sign that God does not abandon His people, but always rejuvenates them with the creativity of the Holy Spirit."

Before giving his blessing with "great affection," Pope Francis concluded by addressing grandparents and the elderly, praying that "the blessing of the embrace between Mary and Elizabeth come upon you and fill your hearts with peace."

15 June 2023, 12:15

Run for Reconciliation - Although Bishop Mark Hagemoen is not running the race this year, his past efforts have inspired the Diocese of Saskatoon Catholic Foundation to continue his Run for Reconciliation. The Catholic Foundation team will run 118 kilometres Aug. 5- 6, 2023, working together to cross the finish line. The goal is to bring awareness, build bridges in our community and inspire conversations and actions toward reconciliation – as well as to raise funds for the Indigenous Reconciliation Fund (IRF). The diocesan goal for the IRF is \$1.25 million, with \$300,000 still to raise for healing and reconciliation programs in support of residential school survivors and their communities. The team will be blessed by Fr. Graham Hill, CSsR, and parish Elders of Our Lady of Guadalupe Parish at 1 p.m. on Sunday, July 23, during Sunday Mass held at St. Mary Parish, 211 Avenue O, Saskatoon. All are welcome to attend! To donate to the IRF and meet the team, please see: https://dscf.ca/annual-bishops-race/

Bus available from Saskatoon and Humboldt for Rama Pilgrimage - A charter bus has been booked to take pilgrims to Rama Pilgrimage events Monday, Aug. 14 only, leaving at 12:00 p.m. noon at St. Patrick Parish, 3339 Centennial Drive, Saskatoon (for west-side pilgrims) and at 12:15 p.m. from Market Mall, Preston Avenue, Saskatoon (for east-side pilgrims), with a stop in Humboldt at 1:15 p.m. to pick up pilgrims travelling to the Our Lady of Lourdes Shrine at the pilgrimage site of St. Anthony Catholic Church in Rama. The bus will return to Humboldt and Saskatoon that evening. For more information and to book bus tickets before the Aug. 4 deadline, Saskatoon pilgrims are asked to call Mila (306) 664-3695 and Humboldt pilgrims are asked to call Nestor (306) 683-2048. Cost is \$36 with payment needed by Friday, Aug. 4; no refunds (though you can have someone replace you on the bus.) Please dress accordingly and arrange transportation / pick you up at Market Mall and St. Patrick locations. No need to bring a chair. Pews are reserve for pilgrims from Saskatoon and Humboldt.

Rama Pilgrimage will be held Aug. 14-15 at the Shrine of Our Lady of Lourdes, located at St. Anthony Church, 104 - 1st St N, Rama, SK, beginning at 3 p.m. Aug. 14 (Mass at 8 p.m. with Archbishop Donald Bolen) and continuing from 8:30 a.m. to noon Aug. 15 with Mass in Polish, Divine Liturgy in the Byzantine Rite and Mass in English with anointing of the sick, etc. Find more information about the Rama pilgrimage at www.Ramashrine.ca

The Saint Philomena Walking Pilgrimage, sponsored by the Archdiocese of Regina, will be happening again this year Aug. 11-14, 2023. We start on Aug. 11 in Yorkton and finish on Aug. 14 at Rama (where an annual pilgrimage is held Aug. 14-15). Saint Philomena Walking Pilgrimage is a guided pilgrimage with rest stops, meals, support vehicles, and a trailer carrying tents and sleeping gear to each overnight stop. Pilgrims are invited to join us for all or part of the walk. For more information see the website at www.stphilomena.ca or phone (306) 728-5525. Participants must pre-register by Friday, Aug. 4.

St. Mary Catholic Church needs your help: Donations of clean, small saleable household items (no clothes or footwear) in good condition are requested for the St. Mary fund-raising Garage Sale to be held from 8 a.m. to 4 p.m. Aug. 18 and 19 at the parish hall, 211 Avenue O South and 20th Street West, Saskatoon. Please drop off donated items at the north door of the hall from 10 a.m. to 12 p.m. Aug. 8 to Aug. 17, or arrange for pick-up of items between Aug. 8 to 17, by calling (306) 244-2983 during parish office hours 9 a.m. to 12 noon, Monday to Thursday.

Grow Hope Saskatchewan - There are some 828 million people in our world who go hungry each day. As Catholics, we can act in solidarity through our local and faith-based fundraiser, Grow Hope Saskatchewan. Local SK farmers with your financial support grow crops for sale and give proceeds to those in need. It costs \$350 to grow an acre of food. Funds raised through the sale of the crop fight hunger through emergency food relief, support for young mothers, and local agricultural projects. Donations of any amount are welcome. Write cheques to Development and Peace, 1425 René-Lévesque Blvd West, 3rd Floor, Montreal QC, H3G 1T7 – please write in the Memo: "Grow Hope SK." To donate online or for more info, go to www.growhopesk.ca/donate (Note: D&P is the Catholic agency). Questions? Contact Myron Rogal (306) 659-5841 or Mike LeBlanc (306) 205-2334.

Save the Date for the Grow Hope Field Day to be held in conjunction with the Bruno Cherry Festival (https://www.cherrysunday.ca/) on Sunday, Aug. 13 in Bruno, SK, East of Saskatoon. There will be a booth set up to celebrate the growing season and provide opportunities to learn more about the work being done by Canadian Foodgrains Bank abroad. In addition, there will be an opportunity to meet one of the Grow Hope Saskatchewan farming families in the Bruno area and tour acres of land donated to help feed those in need around the world.

Blood donors needed - Canadian Blood Services has more than 1,700 open donor appointments available in Saskatoon in July and August that need to be filled, to make sure patient needs in our community are met. Summer is a difficult time for collecting blood products, as donors are on holidays, at the lake or busy with summer events, however patients are still in hospitals awaiting lifesaving blood products. 1 in 2 Canadians can donate blood but only 1 in 81 does. That means a small regular donor base (2% of Canadian donors) supply blood for the ENTIRE country. That's why your help is needed. The local Canadian Blood Services centre is located at 1206 Emerson Avenue in Saskatoon. Did you know that groups such as churches can book a block of appointments? To schedule a group donation, please contact Lisa Beechinor at (306) 251-0986 or email Lisa.Beechinor@blood.ca. Individuals can also book on their own at https://www.blood.ca/en. It only takes one hour to save a life by donating blood. Your donation doesn't just make a difference, it makes ALL the difference.

Saskatoon Filipino Catholic Community of Saskatoon gathers monthly to celebrate Mass at St. Paul Co-Cathedral, 720 Spadina Cr. E., at 5 p.m. on the third Sunday of the month. with the next celebration at 5 p.m. on Sunday, Aug. 20.

Marian Movement of Priests Cenacle includes adoration, the rosary, benediction, hymns and various prayers, 7:30 p.m. on Thursday, Aug. 3 at St. Michael Catholic Church, #18-33rd Street East, Saskatoon. A Diocesan Cenacle of Prayer will also be held at 3 p.m. on Wednesday, Aug. 9 at St. Paul Co-Cathedral, 720 Spadina Crescent East, Saskatoon. For more information, please contact Edna at (306) 382-1680.

World Day of Grandparents and the Elderly will be celebrated by the Catholic Church on Sunday, July 23. The theme this year is "His mercy is from age to age" (Luke 1:50), which raises the relational interconnection between the old and the young. The theme is especially fitting in light of the upcoming World Youth Day in Lisbon, which will take place from Aug. 1-6, 2023. Pope Francis inaugurated this World Day of Grandparents and the Elderly three years ago, calling for it to be celebrated each year in July, on a Sunday near the July 26 feast day of St. Joachim and St. Anne, the grandparents of Jesus.

Ideas for the World Day for Grandparents and the Elderly:

- Watch and share a 30-second promotional video, found at: https://youtu.be/XZTn7V-tkbk
- 2. Explore supporting resources for social media on the CCCB website at: www.cccb.ca/faith-moral-issues/family-and-life/grandparents-and-the-elderly/
- 3. Organize visits or special events to promote the role of the elderly and grandparents.

"The Church and Indigenous Peoples" – The diocese's online Indigenous Pastoral & Lay Leader Ministry Education program (IPL) is led by teams of Indigenous and non-Indigenous instructors, modelling respectful and reconciling relationships. Course 4: "Introduction to Reconciliation: The Church and Indigenous Peoples" will be held Sept. 26 to Nov. 21 from 4:15 to 5:30 p.m. Tuesday afternoons. Registration is now open; cost: \$200 per course (some funding assistance available through the Education of Laity Fund – applications for assistance must be received four weeks prior to the start of the program). No pre-requisite is necessary to take Course 4. (those completing all four courses will earn a ministry certificate.) Find a new video and registration for Course 4 at: https://rcdos.ca/indigenous-mileducation

Masters of Religious Education - Are you a Catholic teacher or school administrator who wants to deepen your faith and increase your earning potential at the same time? A new Saskatchewan cohort of Newman Theological College's Masters of Religious Education (MRE) is set to begin in September 2023! This program is available to Catholic teachers and school administrators across the province (classes can be attended virtually) and is designed to fit the schedules of working teachers. The degree consists of 10 courses (plus 4 Field Ed projects) in just over three years. Professional Development support is available through your Catholic school board. Contact Dr. Brett Salkeld, program director: brett.salkeld@newman.edu or (306) 721-6722.

The African-Canadian Catholic Community invites everyone to join us for our monthly Mass on the first Sunday of each month, with the next celebration 2:00 p.m. Sunday, Aug. 6 at St. Michael Catholic Church, 18-33rd St E Saskatoon. We celebrate Mass in English but the liturgical music is sung in many African languages with traditional drums. All are welcome to join!

The Spiritual Motherhood of Priests is an apostolate for any interested women in the Roman Catholic Diocese of Saskatoon. In 2007, the Congregation of the Clergy, with approval of Pope Benedict XVI, invited women to adopt priests as their "spiritual sons" and to pray for them constantly, particularly before the Blessed Sacrament. As part of the Spiritual Motherhood of Priests, women try to imitate our Blessed Mother Mary, the first Mother of Priests, in her humility and sacrifice. In a life-long commitment, every woman who joins the Spiritual Motherhood of Priests is given the name of one priest in the Roman Catholic Diocese of Saskatoon to adopt as her "spiritual son," promising to anonymously pray daily for him, as well as to pray for him during a weekly hour of Eucharistic Adoration, and to make sacrifices to help her priest-son give himself to God more perfectly as shepherd of his flock. All women – single, married, widowed, consecrated religious – are welcome to discern this apostolate of prayer and sacrifice for the sanctification and support of our priests. Find more info at https://rcdos.ca/smop or contact Jacqueline Saretsky for more information at smop@rcdos or (306) 659-5839.

Are you being called to ANOTHER WAY of living Consecrated Life? Members of Secular Institutes can be found in a classroom, a care home, a marketplace or tilling a field. Consecrated seculars live ordinary lives, but their hearts belong first to the Lord who calls them to a total commitment, and who sustains them in their daily lives where they bring their love of the Lord to the world. INFO: Marian Grady at mariangrady@sasktel.net or Bernice Daratha, Company of St. Ursula, Saskatoon, at bdaratha@sasktel.net

CWL Clothing Depot continues to offer an important ministry and service to local residents, as well as newcomers and those in need of new or gently-worn clothing, cutlery, pots and pans, blankets, towels, and small appliances in good working condition. Donations will be gratefully accepted when dropped off at the Depot at 619 20th Street West, Saskatoon. Please use the back door. New drop-off hours are 10 a.m. to 3 p.m. Monday to Friday. Volunteers play a vital role in this caring and community-minded ministry. Come and join the team of volunteers and you will be warmly welcomed. Volunteers are asked to work during store hours, Tuesday to Friday 12:00 p.m. until 3:00 p.m. and/or Saturdays 9:30 a.m. to 12:30 p.m. – this involves one three-hour commitment at a time. Please call Bea at (306) 242-5042 to volunteer.

Palliative Care Resource - The Catholic Bishops of Canada have created a workshop called "Horizons of Hope: A Toolkit for Catholic Parishes on Palliative Care." This four-module workshop seeks to empower and educate parishioners and address questions about palliative care, dying, death, suffering and bereavement. Each module includes Catholic moral and pastoral theology and medical expertise through video presentations. The goal is to for this workshop to be presented in every parish community across Canada! Parishes, CWL and Knights of Columbus councils, or anyone interested is invited to contact diocesan Coordinator of Hospital Chaplaincy Jacqueline Saretsky at jsaretsky@rcdos.ca or (306) 659-5839.

Seeking ways to help those who are fleeing to Canada from war-torn Ukraine? The Ukrainian Canadian Congress of Saskatchewan was established in 1972 and is the provincial council of the national UCC. The UCC represents and serves nearly 150 cultural and other Ukrainians grassroots organizations throughout the province. UCC Saskatchewan has also been engaged with the settlement of Ukrainians and other newcomers for well over 15 years. To receive updates and/or find out about a range of ways to help, please visit the UCC website: https://www.ucc.sk.ca/

Help for Ukraine - Catholic Near East Welfare Association (CNEWA) - The Ukrainian bishops of Canada are working together with their churches to join CNEWA's campaign to provide humanitarian relief in Ukraine: https://cnewa.org/campaigns/ukraine/

Scam Alert – Fraudulent messages continue to circulate via e-mail, as well as via text and message apps, allegedly coming from our priests, bishop, or others in the Catholic community, asking for money, gift cards, or other gifts. DISREGARD all such messages! Do NOT reply or engage with the individuals sending these messages. The e-mail addresses typically look like they could be real (using names, titles, etc.). Do NOT send gift cards, money, or cash transfers if requested to do so over e-mail or via text message. If you receive messages asking for help like this from our bishops or priests or other leaders, either contact their offices directly to check whether the messages are authentic, or just ignore. If you are the victim of fraud, contact your local police or RCMP office.



Queen's House Retreat and Renewal Centre welcomes you!

Queen's House programming combines in-person and online events using Zoom. *Address:* 601 Taylor Street W, Saskatoon; *Phone*: (306) 242-1916;

E-mail: programming@queenshouse.org; Website: https://www.queenshouse.org/

Growing in Wisdom: Seeking Deeper Generativity - Two Years of Learning and Exploring for Those Seeking a Spirituality for their Wisdom Years, will be offered from September 2023 to June 2025 through Queen's House, Saskatoon. Growing in Wisdom: Seeking Deeper Generativity is an ecumenical program, rooted in the *Forest Dwelling Program* created by Fr. Ron Rolheiser OMI, grounded in the mystical Christian Tradition, open to learning from other interfaith and spiritual traditions, and designed for those seeking to engage in their maturing years with wisdom and grace. It is a program that welcomes participants who have the time, interest, and energy to engage in a dynamic two-year adventure of learning and exploration. This is a time in which we can begin to look back on the life we have lived and find openness to new or previously undeveloped inner vistas. It is a time to begin to come to terms with our own mortality and the grace we find in facing this part of our lives with wisdom and satisfaction. This two-year program, offered on zoom to welcome people from across Canada and beyond, is a dynamic interplay between and among each participant, the Growing in Wisdom Community, and Divine Mystery, assisting in the inner transformation of participants as the journey unfolds. Growing in Wisdom: For info or to apply, visit our website: www.growinginwisdom.com

Knights of Columbus Brothers' Keepers Breakfasts are held on the second Tuesday of each month, with the next gathering is 7 a.m. to 8 a.m. **Tuesday, Aug. 8**. Please contact Brendan Bitz for additional details and to register your attendance: (306) 242-1916, Extension 225.

Camp Compassion: A Day Camp for Kids at Queen's House will be held from 9 a.m. to 4 p.m. Tuesday, Aug. 8 to Friday, Aug. 11. Families are invited to consider signing their kids up for Camp Compassion, a four-day summer camp where kids will explore what it means to have compassion for others, ourselves, and the world. These themes will be explored through music, play, art, and friendship. Lunch and snacks will be provided. Open to kids, kindergarten to grade 6. Queen's House Retreat and Renewal Centre is excited to be offering our beautiful facility, grounds, and qualified staff in offering this camp for children, in partnership with the Prairie Centre for Ecumenism and several Saskatoon churches. The theme of compassion will flow in the program from Psalm 104, a psalm which exults God as the Creator and Provider of all good things. Camp limited to 45 kids - register soon on the Queen's House website: https://gh.retreatportal.com/events/f?p=EVENTS:2::::PO EMBED,PROGRAM ID:0,12314

Spiritual direction: If you are interested in having a mentor and companion to accompany you on your spiritual journey contact Sr. Adeline Behm: (306) 242-1916 Extension 228 or e-mail spiritualdirection@queenshouse.org or visit https://www.queenshouse.org/spiritual-direction/ to see a list of affiliated spiritual directors. In-person and online meetings are available.



WE NEED YOUR HELP

ST. MARY'S CHURCH

211 AVENUE O, SOUTH

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GARAGE SALE on AUGUST 18 & 19, 8 AM – 4 PM.

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Arrange for pick-up of items by calling 306.244.2983 during Parish office hours – 9-12 noon, Mon- Thurs. from Aug. 8-17.

THANK YOU VERY MUCH

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